IBRA International Bone Research Association

Program

IBRA EDUCATION PROGRAM Master

IBRA Master Course

Realistic Treatment of Wrist and Elbow Fractures

September 24 – 25, 2021
Mülheim an der Ruhr, Germany

Chairpersons:
Professor Lars P. Müller, Cologne, Germany
Professor Jean Goubau, Ghent, Belgium

Foreword

Dear colleagues,

Complex articular fractures of the distal radius and the elbow still remain challenging. Decision making for treatment requires precise analysis of the fracture by X-ray and CT-scan.

The Master Training Course in Mülheim an der Ruhr focuses on exercises in a realistic clinical setting. An intensive theoretical part will be followed by a practical part with pre-fractured specimens.

Based on CT and X-ray images the participants discuss the best treatment strategy including tips and tricks given by their instructors in small groups. Afterwards internal fixation of the fracture is done with active exchange between participants and instructors.

Finally, all groups will present their cases and discuss it in common, which allows everybody to profit from each others experiences.

We look forward to welcoming you in Mülheim an der Ruhr to practically oriented days full of interesting discussions with pre-fractured specimens.

Lars P. Müller

J. Goubau

Faculty

Chairpersons

Professor Lars P. Müller, Cologne, DE

Professor Jean Goubau, Ghent/Brussels, BE

Faculty

(in alphabetical order)

Dr. Jean Michel Cognet, Bezannes, FR

Dr. Scott Edwards, Phoenix, AZ, USA

Professor Jean Goubau, Ghent/Brussels, BE

PD Dr. Michael Hackl, Cologne, DE

Primarius Wolfgang Hintringer, Vienna, AT

Dr. Radek Kebrle, Mladá Boleslav, CZ

Professor Lars P. Müller, Cologne, DE

PD Dr. Kilian Wegmann, Cologne, DE

Friday – September 24, 2021

7:00	**Bustransfer from relexa hotel Ratingen City to the EAC European Anatomy Campus II**	
7:20 – 7:45	**Registration**	
7:45 – 7:55	Welcome	*L. P. Müller* *J. Goubau*
7:55 – 8:00	Introduction IBRA	*IBRA*
8:00 – 10:00	**Radius Fractures – Session I (120 min)**	***J. Goubau***
8:00 – 8:10	Fracture Simulator – A Story from Cologne	*K. Wegmann*
8:10 – 8:25	Classification for Dorsal and Palmar Distal-Radius Fractures	*W. Hintringer*
8:25 – 8:30	Question & Answer	
8:30 – 8:45	Treatment Methods for Dorsal and Palmar Distal Radius Fractures	*S. Edwards*
8:45 – 8:50	Question & Answer	
8:50 – 9:05	Treatment Methods for Distal Ulna Fractures	*R. Kebrle*
9:05 – 9:10	Question & Answer	

Friday – September 24, 2021

9:10 – 9:25	Arthroscopic reduction of intra articular distal radius fractures	*M. Cognet*
9:25 – 9:30	Question & Answer	
9:30 – 10:00	Case Discussions	*J. Goubau*
10:00 – 10:20	**Coffee Break**	
10:20 – 10:30	Workshop Introduction	*All*
10:30 – 13:00	**Radius Fractures – Practical Part I (150 min)**	
10:30 – 10:45	Pre-operative planning	
10:45 – 12:00	Difficult fracture treatment with pre-fractured specimens in a group of 4 participants	*All*
12:00 – 13:00	Group presentations and discussion	*Groups*
13:00 – 14:00	**Lunch**	

Friday – September 24, 2021

14:00 – 16:30	**Radius Fractures – Practical Part II (150 min)**	
14:00 – 14:15	Pre-operative planning	
14:15 – 15:30	Difficult fracture treatment with pre-fractured specimens in a group of 4 participants	*All*
15:30 – 16:30	Group presentations and discussion	*Groups*
16:30 – 16:45	Summary	
17:00	Bus transfer back to the relexa hotel Ratingen City	
19:00	**Networking Dinner**	

Saturday – September 25, 2021

7:10	**Bustransfer from relexa hotel Ratingen City to the EAC European Anatomy Campus II**	
7:30 – 7:55	**Registration**	
7:55 – 8:00	Welcome	*L. P. Müller* *J. Goubau*
8:00 – 10:00	**Elbow Fractures – Session I (120 min)**	***L. P. Müller***
8:00 – 8:15	Surgical Approaches to the Elbow	*M. Hackl*
8:15 – 8:20	Question & Answer	
8:20 – 8:35	Isolated Coronoid Fractures	*K. Wegmann*
8:35 – 8:40	Question & Answer	
8:40 – 8:55	Distal Humerus Fractures	*S. Edwards*
8:55 – 9:00	Question & Answer	
9:00 – 9:30	Case Discussions Part I	*J. Goubau*
9:30 – 10:00	Case Discussions Part II	*L. P. Müller*
10:00 – 10:20	**Coffee Break**	

Saturday – September 25, 2021

10:20 – 10:30	Workshop Introduction	*All*
10:30 – 13:00	**Elbow Fractures – Practical Part I (150 min)**	
10:30 – 10:45	Pre-operative planning	
10:45 – 12:00	Difficult fracture treatment with pre-fractured specimens in a group of 4 participants	*All*
12:00 – 13:00	Group presentations and discussion	*Groups*
13:00 – 14:00	**Lunch**	
14:00 – 16:30	**Elbow Fractures – Practical Part II (150 min)**	
14:00 – 14:15	Pre-operative planning	
14:15 – 15:30	Difficult fracture treatment with pre-fractured specimens in a group of 4 participants	*All*
15:30 – 16:30	Group presentations and discussion	*Groups*
16:30 – 16:45	Summary	*L. P. Müller* *K. Wegmann*
17:00	Bus transfer back to the relexa hotel Ratingen City	

General Information

Chairpersons

Professor Lars P. Müller, Cologne, DE
Professor Jean Goubau, Ghent/Brussels, BE

Organized by

IBRA - International Bone Research Association, Basel, Switzerland

Registration & Information

IBRA Administration Office
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info@ibra.net, Website: www.ibra.net

Registration Fees

	Wrist & Elbow	Wrist Part	Elbow Part
IBRA Full Member	EUR 775	EUR 415	EUR 415
Non- / Basic Member (IBRA)	EUR 1550	EUR 830	EUR 830

Registration Fee includes

September 24 + 25: Lunch and Coffee Breaks at the
EAC European Anatomy Campus II

Registration for Workshop only: not possible!

Group Dinner Event: not included

Group Dinner Event

Costs: EUR 40 per person

Registration Deadline: August 24, 2021

General Information

Educational hours

Theoretical Part on Friday, September 24 – 120 min

Practical Part on Friday, September 24 – 300 min

Theoretical Part on Saturday, September 25 – 120 min

Practical Part on Saturday, September 25 – 300 min

Total: 14 h

Target audience

Recommended for senior surgeons and department heads.

Main specialty of the event

An interactive seminar and hands- on workshop, addressing trauma and reconstruction with representative cases and discussions. Latest innovations and trends are presented both in theoretical discussions and surgical demonstrations. Practical exercises are designed as close as possible to realities in the operating room (pre-operative discussion of the case, use of pre-fractured or deformed specimen).

Expected total number of participants

24

Educational needs

A vital scientific exchange between experts of the subspecialty reaching out for the establishment of refined standards in surgery and further improved treatment for patients has been identified as the specific need of this course level. Opening of new perspectives and a solid sounding board. Testing and possible confirmation of individual ideas through discussion with peer experts.

Expected educational outcomes

Broadening of spectrum of good practices and their dissemination, Aware of new/improved techniques and methodologies to diagnose, treat and follow-up patients.

General Information

Nature of the event

Each day starts with cases presentations and discussions. Panel discussions analyze operative challenges, followed by „pearls and pitfalls“. Most part of the day focuses on hands-on cadaver lab starting with a preoperative planning based on radiologic findings. The inter-active course format will engage the participants and highlight the controversy linking lack of evidence and broad range of experience.

Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop (of pre-fractured specimens) with sharing and discussion of the various cases.

International audience

Yes

Main language of the event

The official event language is English.

Simultaneous translation

No simultaneous translation will be provided.

General Information

Course Format

Since 2011, a multidisciplinary team of trauma surgeons from the University hospital of Cologne, biomechanics from the German Sport University and engineers has been specialized in creating realistic limb injuries of specimens in order to offer surgical training. Together with the University hospital of Cologne the team offers surgeons and orthopaedics practical training courses in which the participants get training on specimens with realistic bony and ligamentous injury patterns. To create these realistic osteoligamentous injuries with intact soft tissues, the team has designed a complex test-bench with multiple technical adaptations.

Compared to established courses on artificial bones or intact specimens, this new concept is designed to challenge advanced surgeons as well.

Before starting the treatment, the participants have to analyze the injury with the help of X-ray and CT imaging. After the fracture classification, the surgeons discuss the approach and realize the surgical treatment. X-ray images help to analyze the result of the treatment of the individual case and it can be discussed by the entire group.

For the indicated body parts elbow and hand, this team is able to create defined, realistic injuries. Further body parts such as shoulder and lower extremities, the team is working constantly to analyze individual sequences of injuries in order to design technical methods and to create realistic injuries.

General Information

Venue

European Anatomy Campus II
Kölner Strasse 341
45481 Mülheim a.d. Ruhr
Germany

Accommodation

relexa hotel Ratingen City
Calor-Emag-Str. 7
40878 Ratingen
Germany

Superior double room for single use, including breakfast
Price per room and night: 99,00€

The booking of the rooms can only be made via the course registration link.

Networking Dinner

Friday, September 24, 2021

Time

19:00 h

General Information

Method of Payment

Bank Transfer (EUR)	Bank J. Safra Sarasin AG, CH-4002 Basel
Account no.	6010055.4001
IBAN no.	CH17 0875 0060 1005 5400 1
Clearing no.	8750
SWIFT	SARACHBB

Refund Policy

All refunds must be requested in writing to the IBRA Administration Office. If written notification is received 3 weeks prior to the event, a full refund less a EUR 40 processing fee will be given. If written notification is received 10 days prior to the event, a refund of 50% of the registration fee will be given. For later notifications there will be no refunds. Refunds will not be given for non-attendance.

Please note: The course fee will be fully refunded in case of cancellations due to Corona-related regulations and restrictions imposed by regional or national authorities.

Sponsoring

We thank our major industry partners Medartis and Hologic for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted educational grant for this event.

IBRA would like to make the participants of this course aware that there is a variety of different similar products available on the market beyond the ones provided at this particular event.

General Information

Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program.
All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.

IBRA International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-todate network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

Notes

Notes

IBRA International Bone Research Association

IBRA – a unique international network in research and continuing education

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as new scientific developments.

Core activities

- Global grid of IBRA Training Centers
- Courses, workshops and webinars
- International scholarship program
- Research grants

IBRA Membership – Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

IBRA Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking (Members and Training Centers)
- Regular updates on events
- Access to our database of materials and recorded webinars
- Free of charge

IBRA Full Membership

Shaping our organization in various functions

All Basic Membership benefits plus:

- Prioritized access to IBRA research grants and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA (e.g. speaker, course chair, Training Center)

www.ibra.net/Membership

Headquarters

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