

IBRA Scholarship report

Name: Ben Salem Khaled Ali

Country of Citizenship: Libya.

Country of Training Center: The Netherlands.

Name of Fellowship Director: Pascal Hannemann

Scholarship Type: Program C

Name of the research project: Wrist hemiarthroplasty after Posttraumatic Destruction of the Radiocarpal Joint due to Distal Radius Fracture. A literature review.

Scholarship Date: 01/10/2021- 31/12/2021

Professional and personal experience

- As a consultant Orthopaedics surgeon, I found that is important to improve your skills and knowledge to get hands-on hands overseas experience.
- At Maastricht University Medical center, I have got a chance to assist the Hands clinical unite in the out-patient clinic, operation theater, and postoperative patient review.
- With the Hands unite, we were operating 2 to 3 days a week, and 3 to 4 patients per theater.
- Every Wednesday we had an outpatient clinic. We see approximately 20-25 patients.
- we have done almost 50 cases at the operation theater that includes:
 - . Distal Radius Fractures, and correction deformities.
 - . Distal Radio-Ulnar joint arthroplasty.
 - . DRUJ re-enforcement by Palmaris Longus.
 - . Total wrist arthroplasty.
 - . Proximal raw carpectomy.
 - . 4 corner fusion.
 - . Metacarpals fractures.
 - . Scaphoid ORIF.
 - . Scaphoid Non-union ORIF+ BG.
 - . Tendon repair & transfer.
 - . Mallet finger ORIF.
 - . Carpal tunnels release.
 - . Trigger Fingers release.
- The new procedures that I am actually interested in and definitely I am taking it back home to start with:
 - . DRUJ arthroplasty.
 - . Scaphoid non-union ORIF+ BG
 - . Dorsal approach distal radius ORIF.
 - . Total wrist arthroplasty.
- One of the most interesting experiences that I had in Maastricht is the cultural difference between South African and the Dutch, we are more adventurous like the outdoor natural life, while the Dutch are more chill and they like indoor activities (Movies, Music, Theaters, Etc.)

- In the end, I would like to thank IBRA for this opportunity I had to improve my knowledge and skills, as it is one of the best ways to improve medicine and share experiences. Thank you MUMC especially the Hand team as they have been very friendly and good hospitality that I had. Thank you for sharing your knowledge and information as well as experiences with no limitation.

Sincerely,

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