IBRA International Bone Research Association

Program

IBRA EDUCATION PROGRAM
Advanced / Fellow

IBRA Advanced / Fellow Course

Trauma and Reconstruction of the Upper Limb – Advanced Concepts in Wrist and Elbow Treatment

March 25 – 26, 2022
Poznań, Poland

Chairperson:
Dr. Mariusz Bonczar, Kraków, Poland

Foreword

Szanowni Państwo,

wszelkie uszkodzenia ręki i nadgarstka, stawiają przed operatorami wyzwania natury zarówno medycznej jak i technicznej. Rozwój nowoczesnych technologii i materiałów w tej dziedzinie jest ogromny. Zmieniają się metody postępowania i materiały osteosyntetyczne, a także koncepcje leczenia uzupełniającego. A wszystko to razem stanowi o efekcie końcowym, czyli o pooperacyjnej funkcjonalności ręki pacjenta.

Aby ułatwić Państwu wybór i zastosowanie najlepszych metod i materiałów wykorzystywanych w chirurgii ręki, chcemy zorganizować specjalny kurs, na którym grupa doświadczonych referentów omówi aktualne procedury w zaopatrzeniu złamań ręki i nadgarstka. Po części teoretycznej, przyjdzie kolej na praktyczne ćwiczenia na naturalnych preparatach anatomicznych, w których towarzyszyć nam będzie grupa znakomitych instruktorów.

Nasze kursy, które organizujemy na całym świecie cieszą się wielką popularnością i uznaniem wszystkich uczestników. Po raz kolejny organizujemy taki kurs w Polsce, w Poznaniu. Mamy nadzieję na zainteresowanie i liczny udział Państwa - polskich specjalistów z zakresu chirurgii ręki w tym kursie. Liczymy na owocną i miłą współpracę.

Serdecznie zapraszamy!

Dr. Mariusz Bonczar

Faculty and Instructors

Chairperson

Dr. Mariusz Bonczar, Kraków, PL

Organization

IBRA - International Bone Research Association, Basel, Switzerland

Information

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info@ibra.net, Website: www.ibra.net

Faculty

(in alphabetical order)

Dr. Mariusz Bonczar, Kraków, PL, mariuszbonczar@gmail.com

Dr. Piotr Czarnecki, Poznań, PL, piotr_czarnecki@tlen.pl

Dr. Filip Dąbrowski, Gdańsk, PL, dabrowskif@gmail.com

Dr. Lorenzo Garagnani, London, UK, lorenzo.garagnani@gstt.nhs.uk

Dr. Maciej Klich, Warszawa, PL, maciej.klich1@gmail.com

Prof. Stanisław Pomianowski, Otwock, PL, spom@spskgruca.pl

Dr. Niels Schep, Rotterdam, NL, SchepN@maasstadziekenhuis.nl

Dr. Ireneusz Walaszek, Szczecin, PL, irekwalaszek@gmail.com

Friday – March 25, 2022

	Location City Park Hotel Wyspiańskiego 26A, 60-751 Poznań Meeting Room: Sala Parkowa	
8:00 – 8:15	**Registration**	
8:15 – 8:25	Welcome	*M. Bonczar*
8:25 – 8:30	IBRA Introduction	
8:30 – 10:15	**Session I: Scaphoid (105 min)**	
8:30 – 8:45	Surgical Approach to the Scaphoid Tips and Tricks	*F. Dąbrowski*
8:45 – 9:00	Surgical Treatment Options for Acute Scaphoid Fractures	*M. Klich*
9:00 – 9:15	Scaphoid Nonunion	*P. Czarnecki*
9:15 – 9:30	Vascularized Bone Grafting for Scaphoid Reconstruction	*I. Walaszek*
9:30 – 9:45	Salvage Procedures for SNAC Wrist	*P. Czarnecki*
9:45 – 10:15	Case discussions	*I. Walaszek*
10:15 – 10:45	**Coffee Break**	

Friday – March 25, 2022

10:45 – 12:30	**Session II: Distal Radius (105 min)**	
10:45 – 11:00	Current Treatment in Distal Radius Fractures	*L. Garagnani*
11:00 – 11:15	Fracture Specific Plate Selection	*L. Garagnani*
11:15 – 11:30	Ulnar Shortening Osteotomy	*M. Klich*
11:30 – 11:45	Salvaging the Destroyed DRUJ	*M. Bonczar*
11:45 – 12:00	Salvage for the Destroyed Radiocarpal Joint	*P. Czarnecki*
12:00 – 12:30	Case discussions	*L. Garagnani*
12:30 – 13:30	**Lunch**	

Friday – March 25, 2022

13:30 – 15:00	**Session III: New Concepts in Elbow Surgery (Part 1) (90 min)**	
13:30 – 13:45	Distal Humerus Fractures	*N. Schep*
13:45 – 14:00	Radial Head Fractures	*M. Bonczar*
14:00 – 14:15	Coronoid Fractures	*N. Schep*
14:15 – 14:30	Olecranon Fractures	*F. Dąbrowski*
14:30 – 15:00	Case discussions	*N. Schep*
15:00 – 15:30	**Coffee Break**	

Friday – March 25, 2022

15:30 – 17:00	**Session IV: New Concepts in Elbow Surgery (Part 2) (90 min)**	
15:30 – 15:45	Radial head excision	*M. Bonczar*
15:45 – 16:00	Radial head arthroplasty	*S. Pomianowski*
16:00 – 16:15	Terrible Triad Injuries	*N. Schep*
16:15 – 16:30	Elbow contracture	*S. Pomianowski*
16:30 – 17:15	Case discussions	*S. Pomianowski*

19:30	**Networking Dinner** Restauracja Cucina Wyspiańskiego 26A, 60-751 Poznań Phone: +48 602 668 800 www.cucina88.pl

Saturday – March 26, 2022

7:30	**Transportation from the City Park Hotel to the Poznań Lab Institute**	
7:45 - 8:00	**Registration**	
8:00 – 12:15	**LABS - Part 2 (255 min)**	
8:00 – 8:05	Product Introduction	
8:05 – 9:00	Lab 1: Surgical lateral approaches to the elbow - radial head fractures - supinator canal (PIN identification) - extensile lateral approach	*N. Schep*
9:00 – 9:30	Lab 2: Radial head fractures	*P. Czarnecki*
9:30 – 10:00	Lab 3: Olecranon fractures	*M. Klich*
10:00 – 10:45	Lab 4: Distal humerus fractures	*F. Dąbrowski*
10:45 – 11:30	Lab 5: Surgical medial approaches to the elbow - coronoid fractures - MCL reconstruction - extensile medial approach	*N. Schep*
11:30 – 12:15	Lab 6: Coronoid fracture	*M. Klich*
12:15 – 13:00	**Lunch**	

Saturday – March 26, 2022

13:00 – 16:00	**LABS - Part 2** **(180 min)**	
13:00 – 14:30	Lab 7: Surgical approaches to the wrist - dorsal for distal radius fractures - dorsal for 4CF and PRF - volar for distal radius fractures including sigmoid notch	*L. Garagnani*
14:30 – 15:15	Lab 8: Ulnar shortening osteotomy	*P. Czarnecki*
15:15 – 16:00	Lab 9: Distal radius fractures (FPL plate)	*L. Garagnani*
16:00 – 16.15	**Wrap up and conclusions**	*M. Bonczar*

General Information

Chairperson
Dr. Mariusz Bonczar, Kraków, Poland

Organized by

IBRA - International Bone Research Association, Basel, Switzerland

Registration & Information

IBRA Administration Office
Hochbergerstrasse 60E, CH-4057 Basel
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Registration Fees incl. Tax

IBRA Full Member	EUR 290
Non- / Basic Member (IBRA)	EUR 580
Seminar only	EUR 90

Registration Fee includes

March 25: Seminar, Lunch and Coffee Breaks at the City Park Hotel

March 26: Workshop, Lunch and Coffee Breaks at the Poznań Lab

Registration for Workshop only: not possible!

Networking Dinner: not included

Networking Dinner

Costs: EUR 25 per person

Registration Deadline: February 28, 2022

Registrations to the Seminar and the Anatomy Workshop are differently limited and are available on a first-come, first-served basis.

General Information

Educational hours

Theoretical Part on Friday, March 25 - 405 min

Practical Part on Saturday, March 26 - 435 min

Total: 13,75h

Target audience

Recommended for fellows and attending physicians/consultants.

Main specialty of the event

Starting with the classification of the injury or deformity, the faculty members share their preferred approach, treatment, and follow-up of cases with advanced difficulty.

Expected total number of participants

28

Educational needs

Dealing with challenging fractures and deformities, consultants request exchange through case discussions both theoretically and through surgeries. Beside state-of-the-art approaches, expert opinions and discussions are highly appreciated to scientifically elaborate improvements when dealing with difficult cases.

Expected educational outcomes

Extend common knowledge and skills and awareness of surgical techniques by exchanging less frequent or demanding cases of orthopedics and traumatology.

General Information

Nature of the event

The course offers ideal conditions for the introduction and consolidation of surgery techniques. Participants learn about current treatment concepts as well as new techniques on internal fixation. On the first day, experienced surgeons provide a theoretical insight into therapy concepts and will focus on clinical anatomy, fracture classification, approaches and last but not least, many case discussions. The workshop on day two permits the attendees to apply the gained skills on fresh specimens under directed instruction.

Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop with helpful hints shown by faculty members.

International audience

Yes

Main language of the event

The official language is English.

General Information

Venues

City Park Hotel & Residence
ul. Wyspiańskiego 26a
60-751 Poznań
Phone: + 48 61 22 18 400
Fax: +48 61 22 18 402
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POZNAŃ LAB
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Phone/Fax: +48 61 811 22 88
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Accomodation

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For any accommodation request, please contact dorota.kotarska@ibra.net

Networking Dinner

Restauracja Cucina
Wyspiańskiego 26A
60-751 Poznań
Phone: +48 602 668 800
www.cucina88.pl

Costs: EUR 25 per person

Time: 19.30 h

General Information

Refund Policy

All refunds must be requested in writing to the IBRA Administration Office. If written notification is received 3 weeks prior to the event, a full refund less a EUR 40 processing fee will be given. If written notification is received 10 days prior to the event, a refund of 50% of the registration fee will be given. For later notifications there will be no refunds. Refunds will not be given for non-attendance.

Please note: The course fee will be fully refunded in case of cancellations due to Corona-related regulations and restrictions imposed by regional or national authorities.

General Information

Support

The total cost of the event will be covered by membership fees, course fees and IBRA's own funds.
We would like to thank our industry partner Medartis for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted educational grant for this event.

IBRA International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-todate network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

General Information

Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program. All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.

Notes

IBRA International Bone Research Association

IBRA – a unique international network in research and continuing education

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as new scientific developments.

Core activities

- Global grid of IBRA Training Centers
- Courses, workshops and webinars
- International scholarship program
- Research grants

IBRA Membership – Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

IBRA Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking (Members and Training Centers)
- Regular updates on events
- Access to our database of materials and recorded webinars
- Free of charge

IBRA Full Membership

Shaping our organization in various functions

All Basic Membership benefits plus:

- Prioritized access to IBRA research grants and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA (e.g. speaker, course chair, Training Center)

www.ibra.net/Membership

Headquarters

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