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INTERNATIONAL HAND & WRIST CONGRESS

& Cadaveric Workshop

25 - 27 November 2022

Mövenpick Grand Al Bustan Dubai, UAE & Virtual event

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Plastic and Hand Surgeon, Hand and Microsurgery Unit, Trauma Department, **Rashid Hospital, UAE**

Congress Co-Chairman



Dr. Ehab Bassim Aldlyami,

Consultant Hand & Wrist Orthopaedic Surgeon, **Adam Vital Hospital Dubai , UAE**

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Consultant, Orthopaedic Surgery, **Medcare Orthopaedics & Spine Hospital, UAE**



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Consultant Hand & Wrist Orthopaedic Surgeon, **Adam Vital Hospital Dubai , UAE**



Dr. Christiana Savvidou,

Orthopedic Hand Surgeon, **Circle Care Clinic, Dubai, UAE**

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Dr. Nebojsa Jovanovic,

Orthopaedic Surgeon and Traumatologist-Hand Surgeon, **Rashid Hospital, UAE**



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Consultant, **DHA, Rashid Hospital, UAE**



Dr. Hamed Badawi,

Consultant on Hand and Reconstructive Microsurgery, **Rashid Hospital, UAE**, Assistant Professor of Orthopedic Surgery, **Zagazig University, Egypt**



Dr. Chaitanya Dodakundi,

Orthopaedic Hand and Microsurgeon, **Rashid Hospital, UAE**

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Dr. Abdullah Al Harthy,
Senior Consultant Orthopedic &
Hand Surgery, **Muscat Private
Hospital, President, Oman Society
for Surgery of the Hand, Oman**



Dr. Amjad Abdulhai,
Consultant in Orthopedic Surgery, Vice
President, **Syrian Orthopedic
Association, Syria**



Dr. BernardALLEMAND,
Consultant Orthopaedic Surgeon in
Hand and Upper Limb Surgery,
**Mediclinic Parkview, Adjunct Clinical
Associate Professor, Mohammed
Bin Rashid University of Medicine
and Health Sciences, UAE**



Dr. Bhuvan Machani,
MBBS, FRCS, MCh, Consultant Upper
Extremity Surgeon, **Kings College
Hospital, Dubai, UAE**



Dr. Carlos Heras-Palou,
Consultant Hand and Wrist
Surgeon, **Pulvertaft Hand Centre,
Derby, UK**



Dr. Chaitanya Dodakundi,
Orthopaedic Hand and Microsurgeon,
Rashid Hospital, UAE



Dr. Christiana Savvidou,
Orthopedic Hand Surgeon, **Circle
Care Clinic, Dubai, UAE**



Prof. David Warwick,
Consultant Hand Surgeon, **University
Hospital Southampton UK, Secretary
General, International Society for the
Surgery of the Hand**



Filip Dabrowski,
MD, PhD, Orthopedic Surgeon Hand
Surgeon (EBHS), Department of
Ortopedics and Traumatology
Medical, **University of Gdańsk,
FESSH Trauma and Replantation
Centre, Poland**



Dr. Gowrishankar Saravanmurthy,
Hand and Reconstructive Micro
Surgeon, **Rashid Hospital, UAE**



Dr. Hamed Badawi,
Consultant on Hand and
Reconstructive Microsurgery,
**Rashid Hospital, UAE, Assistant
Professor of Orthopedic Surgery,
Zagazig University, Egypt**



Dr. Hisham Alsanawi,
Consultant and Assistant Professor
of Orthopedic Surgery, **King Saudi
University, President, Saudi
Orthopedic Association, KSA**



Mr. Jose Manuel Vazquez,
Executive Director, **International
Bone Research Association
(IBRA), Switzerland**



Dr. Jose Manuel Rojo Manuate,
Consultant, Orthopaedic Surgery,
**Medcare Orthopaedics & Spine
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Dr. Khalid Alawadi,
Plastic and Hand Surgeon, Hand
and Microsurgery Unit, Trauma
Department, **Rashid Hospital, UAE**



Dr. Kristo Kask,
Head of Department Specialist in
Orthopedic Surgery, EBHS Fellow,
Plastic and Hand Surgery Department,
**Orthopaedic Centre, Surgery Clinic,
North Estonia Medical Centre
Foundation, Tallinn, Estonia**



Prof. Lucia Heras-Garcia,
Senior Consultant Hand &
Orthopaedic Surgeon, **Fakeeh
University Hospital, UAE**



Dr. Maher Khateeb,
Educational Manager ME, **Medskin
Solution, UAE**



Dr. Markus Pääkkönen,
Specialist in Hand Surgery, Adjunct
Professor, **University of Turku,
Finland**, Chief Physician, Hand
Surgery, **Turku University Hospital,
Finland**



Dr. Marouane Bouloudhine,
Consultant Orthopedic Upper Limb
Surgeon, **Burjeel Hospital for
Advanced Surgery Dubai, UAE**



Dr. Martin J. Clementson,
Department of Hand Surgery,
**Skåne University Hospital,
Sweden**



Dr. Michel Boeckstyns,
Consultant Hand Surgeon, **CFR
Private Hospital, Hellerup, Denmark**



Dr. Nebojsa Jovanovic,
Orthopaedic Surgeon and
Traumatologist-Hand Surgeon,
Rashid Hospital, UAE



Dr. Ole Reigstad,
Consultant, Specialist in Orthopedic
Surgery, EBHS Fellow, Norwegian
Diploma in Hand Surgery, Hand and
Microsurgery Department, **Orthopedic
Clinic, Oslo University Hospital,
Norway**



Dr. Salah Al-Ali,
Consultant and Head of Pain
Medicine Unit, **Rashid Hospital
and Trauma Center, UAE**



Dr. Sherif Ban,
Specialist Orthopedic Surgeon,
Reem Hospital Abu Dhabi, UAE



Dr. Taimoor Al Bulushi,
Senior Consultant Plastic Surgeon,
**Khoulia Hospital, President, Omani
Society of Plastic Surgeon and
Omani Craniofacial and Cleft
Society, Oman**



Dr. Wolfgang Hintringer,
President, Vienna Handcourses, Past
President, **DAH, IBRA, Austria**

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Free Paper Presenters



Dr. Abdelmounim Cherqaoui,
Pediatric Orthopedic MD, Hôpital
Mère-Enfant Abderrahim
HAROUCI, Casablanca, Morocco



Dr. Osama M. Ahmed,
Consultant Plastic Surgeon,
Specialized Hospital Khurtum North,
Sudan



Dr. Bushra Alhazmi,
Plastic Surgery Resident, King
Abdulaziz Medical City, Riyadh,
KSA



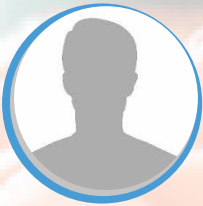
Dr. David Zakradze,
Orthopaedic / Trauma Surgeon,
American Hospital Tbilisi, Georgia



Dr. Eric Drazan,
Consultant in Plastic and
Reconstruction, Al Emadi
Hospital, Doha, Qatar



Dr. Gia Jalalishvili,
Head of Georgian Society for Surgery
of the Hand, Head of Hand Foot
Surgery Department, David Tatishvili
Medical Center, Georgia



Dr. Mohamed Ahmed Saeed Ali,
Trauma, Rashid Hospital, UAE



Prof. Mugahed Hussein,
Assistant Professor, Orthopaedic
Department, Aden University, Yemen



Dr. Osama A. Hussein,
Orthopedics and Traumatology,
Sudan Medical Specialization
Board, Assistant Professor of
Orthopedics and Traumatology,
Nile University Khartoum, Sudan



Dr. Sahar Al Dakhil,
Orthopedic Surgical Resident, National
Guard Hospital, KSA



Dr. Teimuraz Gurjidze,
Plastic and Reconstructive Surgeon,
Hand Surgeon, Aversi Clinic, Georgia

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Message from the Chairman

Dear Friends and Colleagues,

Hand surgery is a rapidly evolving specialty in UAE and the Gulf region with more physicians practicing hand and wrist surgery and for that we could achieve to establish our Emirates Hand Surgery Society to promote and increase of knowledge of hand surgery among the medial practitioners in our region.

For that we are establishing our International Hand & Wrist Congress, which will be held in Dubai from 25 – 27 November 2022, to become a more dedicated and specialized meeting in the field of hand and wrist surgery.

For our meeting this year we invited the Scandinavian Society for Surgery of the Hand to be our guest society.

For this year, the scientific committee has put together an exciting and informative program which over 3 days will feature a series of keynote lectures, instructional courses, cadaveric workshops and case discussion sessions.

We would like to take this opportunity to invite all our fellow colleagues and practitioners to join us at this important event and be a part of the discussions that will share insights into the latest innovations and global best practices in the field of hand, wrist, elbow, forearm and upper limb surgery; physiotherapy, hand therapy, rehabilitation and more.

Looking forward to welcoming you to IHWC 2022.

Kind Regards,

Dr. Khalid Alawadi
Congress Chairman



Conference Objectives

- To stay updated on the advanced surgical techniques in hand & wrist surgery
- To discuss different pathologies prevalent in the Middle East and current surgical techniques
- To create a platform where hand surgeons in the region can discuss their complicated cases and share evidence based treatment experience, ensuring better outcomes for their patients
- To encourage doctors in the region to present their results and participate in scientific debates

Who Should Attend

- Hand & Wrist Surgeons
- Orthopaedic Surgeons
- Plastic Surgeons
- Trauma Surgeons
- Sports Medicine Doctors
- Trauma Specialists
- Emergency Medicine Doctors
- Orthopaedic Resident
- Orthopaedic Nurses

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Congress Day 1: Friday, 25 November 2022

07:20 – 07:50	Registration	
07:50 – 08:00	Welcome remarks from the Congress Chairman	Dr. Khalid Alawadi
Session 1: Free paper		
08:00 – 08:10	Delta Wiring Technique for Mallet fracture: A Relatively New Technique	Dr. Bushra Alhazmi
08:10 – 08:20	Traumatic Musculotendinous Junction Avulsions, What to do?	Dr. Mohamed Ahmed Saeed Ali
08:20 – 08:30	Functional Outcome of Metacarpal and Phalangeal Fractures Fixed by Mini Plate in Sudanese patients	Dr. Osama A. Hussein
08:30 – 08:40	Assessment of trigger finger in type I DM versus in type II DM	Dr. Sahar Al Dakhil
08:40 – 08:50	Posttraumatic pollicization	Dr. Osama M. Ahmed
08:50 – 09:00	Discussion (Q&A)	
Session 2: Symposium Session		
09:00 – 09:15	International Bone Research Association: IBRA	Mr. Jose Manuel Vazquez
Session 3: Hand Fractures		
09:15 – 09:30	Current management of metacarpal fractures	Dr. Michel Boeckstyns
09:30 – 09:45	The dorsal PIP fracture-dislocation: surgical treatment updates	Dr. Kristo Kask
09:45 – 10:00	Tips & tricks for treating phalangeal & metacarpal fractures	Dr. Michel Boeckstyns
10:00 – 10:15	Discussion (Q&A)	
10:15 – 10:45	Networking Coffee Break	
Session 4: Wrist Fracture		
10:45 – 11:00	ORIF versus percutaneous fixation in scaphoid nonunion	Dr. Ole Reigstad
11:00 – 11:15	Treatment for scaphoid fractures: Evidence review	Dr. Martin J. Clementson
11:15 – 11:30	Updates for treating complete scapholunate injuries	Prof. Lucia Heras-Garcia
11:30 – 11:45	Perilunate dissociation: what surgical approach?	Dr. Nebojsa Jovanovic
11:45 – 12:00	Current management of lunate fractures	Dr. Chaitanya Dodakundi
12:00 – 12:15	Tips & tricks for treating scaphoid fractures	Dr. Martin J. Clementson
12:15 – 12:30	AVN of the capitate treated with osteocondral rib graft	Dr. Martin J. Clementson
12:30 – 12:45	Planning, tips and tricks for making hand surgery easier	Prof. David Warwick
12:45 – 13:00	Discussion (Q&A)	
13:00 – 14:30	Prayer and Networking Lunch Break	
Session 5: Anesthesia & Pain Management Moderator: Dr. Hisham Alsanawi		
14:30 – 14:45	Anesthesia in modern Hand Surgery	Dr. Markus Pääkkönen
14:45 – 15:00	Pain management in Complex Regional Pain Syndrome	Dr. Salah Al-Ali

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Congress Day 1: Friday, 25 November 2022

Session 6: Radius & Ulna		
15:00 – 15:15	The role of groin flap in hand trauma	Dr. Amjad Abdulhai
15:15 – 15:30	Algorithm for indicating treatment in distal radius fractures	Dr. Bhuvan Machani
15:30 – 15:45	Acute-repairable TFCC injuries: evidence review	Dr. Jose M. Rojo
15:45 – 16:00	Distal ulna fracture: therapeutic approach	Dr. Nebojsa Jovanovic
16:00 – 16:15	Ulnocarpal impaction syndrome: arthroscopic wafer	Dr. Markus Pääkkönen
16:15 – 16:30	Ulnocarpal impaction syndrome: shortening with ORIF	Dr. Kristo Kask
16:30 – 16:45	Computer aided deformity corrections in the upper extremity	Dr. Hisham Alsanawi
16:45 – 17:00	Tips & tricks for treating distal radius fractures	Dr. Kristo Kask
17:00 – 17:15	Discussion (Q&A)	
Session 7: Clinical Cases		
17:15 – 17:25	Interesting cases of treatment of hand diseases and defects	Dr. Gia Jalalishvili
17:25 – 17:55	Clinical Cases	Dr. Ehab Aldlyami
17:55	Closing Remarks and End of Congress Day One	

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Congress Day 2: Saturday, 26 November 2022

07:30 – 08:00	Registration	
Session 8: Free paper		
08:00 – 08:10	Reconstruction of post-traumatic metacarpal hand with two stage free toe -to-hand transfer	Prof. Mugahed Hussein
08:10 – 08:20	Hand and fingers replantation and revascularization	Dr. Eric Drazan
08:20 – 08:30	Open anterior shoulder release for adduction and internal rotation shoulder contracture in Neonatal Brachial Plexus Palsy	Dr. Abdelmounim Cherqaoui
08:30 – 08:40	Free Vascularized bone graft for nonunion of the scaphoid bone	Dr. David Zakradze
08:40 – 08:50	Closure of soft tissue defects of the hand with different types of flaps: Our experience	Dr. Teimuraz Gurjidze
08:50 – 09:00	Macroductyly	Dr. Osama M. Ahmed
09:00 – 09:10	Discussion (Q&A)	
Session 9: Symposium Session		
09:10 – 09:25	DRONes hybrid nail-plate for treatment of distal radius fracture	Dr. Filip Dabrowski
09:25 – 09:40	Collagen elastin scaffold with skin graft in hand scar revision, adhesion barrier and pediatric cases	Dr. Maher Khateeb
Session 10: Tumors & Pediatric		
09:40 – 09:55	Hand anomalies in craniofacial syndromes: an overview	Dr. Taimoor Al Bulushi
09:55 – 10:10	Peripheral nerve tumors of the hand: diagnosis, and treatment	Dr. Gowrishankar Saravanmurthy
10:10 – 10:25	Current management of hand enchondroma	Dr. Bernard Lallemand
10:25 – 10:40	Updates in the surgical treatment for neuromas	Dr. Khalid Alawadi
10:40 – 10:55	Surgical management of Madelung's deformity	Dr. Markus Pääkkönen
10:55 – 11:10	Revisiting the management of Thumb Hypoplasia	Dr. Abdullah Al Harthy
11:10 – 11:25	Tips & tricks for treating the pedatric hand and wrist	Dr. Christiana Savvidou
11:25 – 11:40	Discussion (Q&A)	
11:40 – 12:10	Networking Coffee Break	
Session 11: Arthritis & Sequelae Moderators: Dr. Ehab Aldlyami & Prof. David Warwick		
12:10 – 12:25	Algorithm for treating the skier's thumb	Dr. Sherif Ban
12:25 – 12:40	Wrist arthroplasty versus fusion: Evidence review	Dr. Michel Boeckstyns
12:40 – 12:55	Treatment oriented and CT-based classification of distal radius fractures	Dr. Wolfgang Hintringer
12:55 – 13:10	Denervation in wrist arthritis: indications and results	Prof. David Warwick
13:10 – 13:25	Current management of the stiff finger	Prof. David Warwick
13:25 – 13:40	PRC versus FCF in wrist arthritis	Dr. Ole Reigstad
13:40 – 13:55	Updates in the surgical treament of the TMC arthritis	Dr. Ole Reigstad
13:55 – 14:10	SNAC, SLAC & SCAC	Dr. Carlos Heras-Palou
14:10 – 14:25	Discussion (Q&A)	
14:25 – 15:25	Networking Lunch Break	

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Congress Day 2: Saturday, 26 November 2022

Session 12: Nerve & Soft Tissue Moderators: Dr. Marouanne Bouloudhnine and Dr. Hamed Badawi		
15:25 – 15:40	Endoscopic carpal tunnel release	Dr. Marouanne Boulouedhnine
15:40 – 15:55	Carpal tunnel syndrome: Ultra MIS versus classic release	Dr. Jose M. Rojo
15:55 – 16:10	Microsurgical reconstructive option in complex hand injury	Dr. Hamed Badawi
16:10 – 16:25	Non-microsurgical flap coverage of the thumb and digits	Dr. Khalid Alawadi
16:25 – 16:40	Satisfying your patient	Prof. David Warwick
16:40 – 16:55	Discussion (Q&A)	
Session 13: Clinical Cases		
16:55 – 17:25	Clinical Cases	
17:25	Closing Remarks and End of Congress Day Two	

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Cadaveric Workshop

27 November 2022

University of Sharjah

Room 01

Hand, minimal invasive



- 09:00 Intramedullary fixation Metacarpal fracture
- 09:30 ORIF Phalanx fracture
- 10:00 DIP Arthrodesis
- 10:30 Condylar fracture percutaneous fixation
- 11:00 Mallet finger
- 11:30 PIP fracture Suzuki frame
- 12:00 Networking Lunch Break

Distal Radius, 360 degree

DRONes hybrid nail-plate operative technique



- 13:00 Volar approach distal radius (Extended)
- 13:45 Dorsal approach distal radius
- 14:30 Radial styloid approach
- 15:15 Very distal radius fracture (How to deal)
- 16:00 Fragment specific approach distal radius
- 16:45 Distal Ulnar fracture
- 17:45 Metacarpal fracture fixation with locking plates
- 18:15 End of Workshop Day

Room 02

Scaphoid



- 09:30 Percutaneous fixation of scaphoid
- 10:00 Volar open approach scaphoid
- 10:30 Dorsal open approach scaphoid
- 11:00 Scaphoid non union, vascularized capsular approach
- 11:30 Salvage procedure for scaphoid non union (4 corner fusion)
- 12:00 Networking Lunch Break

Medartis Hand and Wrist minimal invasive Course

Workshop Moderator: Dr. Nebojsa Jovanovic



PRECISION IN FIXATION

- 13:00 Scaphoid extreme small proximal pole fracture/nonunion
 - Fixation with 1.7mm cannulated self-drilling screw
 - Scaphoid plating for failed headless screw fixation
- 14:00 Proximal Phalangeal fracture fixation
 - Intramedullary percutaneous retrograde fixation using speed tip 2.2mm compression screw
 - Lateral plating using the Trilock plating system
 - DIP fusion with 1.7mm/2.2mm headless cannulated screws
- 15:00 RSL fusion and distal radius & Ulnar fixation
 - RSL fusion with RSL fusion Trilock plate
 - Distal radius fixation with FPL plate + hook plate (for very distal fractures)
 - Distal ulnar fixation with distal ulnar plate
- 16:00 End of Workshop Day

Learning Objectives for Cadaveric Workshop:

- Understand the different hand trauma pathology seen on daily basis by a hand surgeon
- Learn the surgical exposure for different hand pathology
- Improve the skill of the junior hand surgeon in some of common hand problems

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Organisation:

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Nationality:

Age Group 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+ ☐

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Age Group 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+ ☐

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CONGRESS FEES Categories	Early Bird Registration (book before 25 Aug 2022)*	Normal Registration	Late Registration (book after 15 Nov 2022)
Physicians	USD 499	USD 599	USD 699
Free Paper and Poster Presenters	USD 399	USD 399	USD 399
Residents and other HCPs	USD 199	USD 199	USD 199

WORKSHOP FEES Categories	Early Bird Registration (book before 25 Aug 2022)*	Normal Registration	Late Registration (book after 15 Nov 2022)
Physicians			
Free Paper and Poster Presenters	USD 1999	USD 2349	USD 2499
Residents and other HCPs			

CONFERENCE AND WORKSHOP FEES Categories	Early Bird Registration (book before 25 Aug 2022)*	Normal Registration	Late Registration (book after 15 Nov 2022)
Physicians	USD 2498	USD 2948	USD 3198
Free Paper and Poster Presenters	USD 2398	USD 2748	USD 2898
Residents and other HCPs	USD 2198	USD 2648	USD 2798

VIRTUAL FEES			
Normal Registration		USD 299	

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- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- Cheque payment may only be made from UAE and in AED. Kindly contact us at sheila.r@maarefah-management.org to discuss.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy

- Registration cancellations must be notified in writing by email to the Maarefah's office in Dubai. Email: sheila.r@maarefah-management.org
- Cancellations received 30 days prior to the event will receive a refund of the registration fees, less an administration charge of 100 USD of the congress fee.
- Cancellations received less than 30 days prior to the event are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability

- Maarefah reserves the right to amend any part of the congress' programme if necessary at any time.
- Maarefah will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the congress or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, Maarefah doesn't guarantee the exact demographics of the congress attendees and can not be held responsible for the same.

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