



SFAS

SWISS FOOT AND ANKLE SOCIETY
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES
SOCIÉTÉ SUISSE DE CHIRURGIE ET MÉDECINE DU PIED



IBRA International Bone
Research Association

SFAS Surgery Day & Bioskills workshop 2023

Inselspital, University Hospital, Bern
Sitem-insel, Swiss Institute for Translational
and Entrepreneurial Medicine, Bern

Friday, 17. February 2023, 8.30–16.30h

Live Surgery, Forefoot correction and Achilles tendon rupture

Saturday, 18. February 2023, 8.30–15.00h

Bioskills workshop Foot & Ankle anatomical approaches & surgeries

SFAS & IBRA Collaboration



Welcome to the second SFAS Surgery Day and Bioskills Workshop 2023 in Bern

Dear colleagues

With pleasure we announce the second SFAS Surgery Day and Bioskills Workshop, which will take place on 17.2.–18.2.2023 at the Inselspital, University of Bern and the Sitem-insel building at the Inselspital area in Bern. On the first day, experienced foot & ankle surgeons will present the up-to-date theory and display their tips and tricks for a successful treatment of common foot and ankle pathologies. On the second day, participants have the opportunity for hands on practice in a wetlab in cooperation with IBRA, the International Bone Research Association, and conduct anatomical approaches and osteosynthesis of ankle and foot fractures in cadavers.

For their great support, we thank IBRA, our sponsors and all exhibitors who contribute substantially to the success of this course.

We are looking forward to welcome you at the Inselspital in Bern.

Best regards,

**PD Dr. Med. Helen Anwander and
Prof. Dr. med. Fabian Krause,**
Inselspital University Hospital, Bern
SFAS, Swiss foot and ankle society



SFAS Surgery Day

Friday, 17. February 2023

Faculty

PD Dr. med. Helen Anwander, Inselspital Bern
Prof. Dr. med. Fabian Krause, Inselspital Bern
Prof. Dr. med. Markus Knupp, Mein Fusszentrum Basel
Dr. med. Pascal Rippstein, Schulthess Klinik Zürich
Prof. Dr. med. Victor Valderrabano, SWISS ORTHO CENTER,
Schmerzlinik Basel

Location

Atrium and Lecture Hall,
Ettore Rossi, Kinderklinik,
Entrance 31b,
Inselspital Bern

Presenter

PD Dr. med. Mathieux Assal, Centre Assal, Genève
Dr. med. Lukas Weisskopf, Altius Klinik
Dr. med. Lukas Iselin, Hirsländchen St. Anna Luzern
Dr. med. Christoph Kurze, Hirsländchen Salemspital Bern
Dr. med. Angela Seidel, Hôpital fribourgeois/ Kantonsspital Freiburg
Dr. med. Christoph Huber, Inselspital Bern
Dr. med. Philipp Friedrichsen, Schulthess Klinik Zürich

Time	Program
8.00	Opening of registration and commercial exhibition
8.30	Welcome to congress by organizer and SFAS president
8.40	Theory to Case 1
9.10	Live surgery Case 1 by Prof. Krause
10.10	Coffee break and commercial exhibition
10.40	Hallux valgus – Pathology and Diagnostics
11.00	Hallux valgus – Operative treatment
11.20	Surgery Scarf & Akin and first metatarsal-phalangeal joint arthrodesis / Video presentation of Dr. med. Rippstein
12.20	Lunch break and commercial exhibition
13.20	Achilles tendon rupture, pathology and diagnostics
13.40	Achilles tendon rupture – Conservative treatment
14.10	Achilles tendon rupture – Minimal Invasive Surgery / Video presentation PD Dr. med. Assal
14.40	Coffee break and commercial exhibition
15.10	Achilles tendon rupture – Open Surgery / Video presentation of Dr. Weisskopf
15.40	Chronic Achilles tendon Rupture – Therapy
16.00	Failure after treatment of Achilles tendon rupture
16.20	Discussion
16.30	End of the day



Bioskills Workshop

Saturday, 18. February 2023

Workshop instructors

PD Dr. med. Helen Anwander, Inselspital Bern
Prof. Dr. med. Fabian Krause, Inselspital Bern
Prof. Dr. med. Markus Knupp, Mein Fusszentrum Basel
Prof. Dr. med. Victor Valderrabano, SWISS ORTHO CENTER, Basel
Dr. med. Lukas Iselin, Hirslandenklinik St. Anna Luzern
Dr. med. Timo Schmid, Spital Wallis
Dr. med. Pascal Rippstein, Schulthess Klinik Zürich

Location

Wetlab, Hörsaal CATR Unit,
Floor 2
Siteminsel
Freiburgstrasse 3
3010 Bern

siteminsel

Program of Bioskills workshop

Morning

Surgical treatment of hallux valgus inclusive Scarf and Akin, Weil Osteotomies

Afternoon

Pilon und Fibulafracture

SFAS & IBRA Collaboration





Invest in your knowledge & skill development!

Your network for research and education

What is IBRA?

IBRA – a unique international network in research and continuing medical education

- I** – International transdisciplinary cooperation
- B** – Bone and tissue management for the best benefit of patients
- R** – Research and continuing medical education
- A** – Association for scientific networking

Why IBRA?

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as scientific developments.

What IBRA offers YOU?

✓ IBRA Virtual Campus

✓ Courses:

- Focused on Procedural Solutions
- Include Pre-Fractured & Deformed Specimen
- Infused International Exchange
- Delivered on Knowledge & Skill Transfer
- Regional & National Scheduled Options

✓ CME Accreditation

✓ Research Grants

✓ Training Center Locations across the Globe

✓ Scholarships



Information

Organisation

Chairmen:

PD Dr. med. Helen Anwander, Inselspital, Bern

Prof. Dr. med. Fabian Krause, Inselspital, Bern

Locations

Atrium and Lecture Hall Ettore Rossi

Universitätsklinik Inselspital Bern

Freiburgstrasse 4

3010 Bern

Wetlab, siteminsel, Bern

Hörsaal CATR Unit, Floor 2

Freiburgstrasse 3

3010 Bern

CME Credits

Swiss Orthopaedics (SGOT):

8 credit points 17.2.2023

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Course Fee

SFAS Live surgeries 17.2.2023

SFAS-Member CHF 75.–

SFAS-Non Member CHF 100.–

Resident/Physiotherapist CHF 50.–

IBRA/SFAS Wetlab 18.2.2023

Free of charge (limited number of participants, first come-first served)

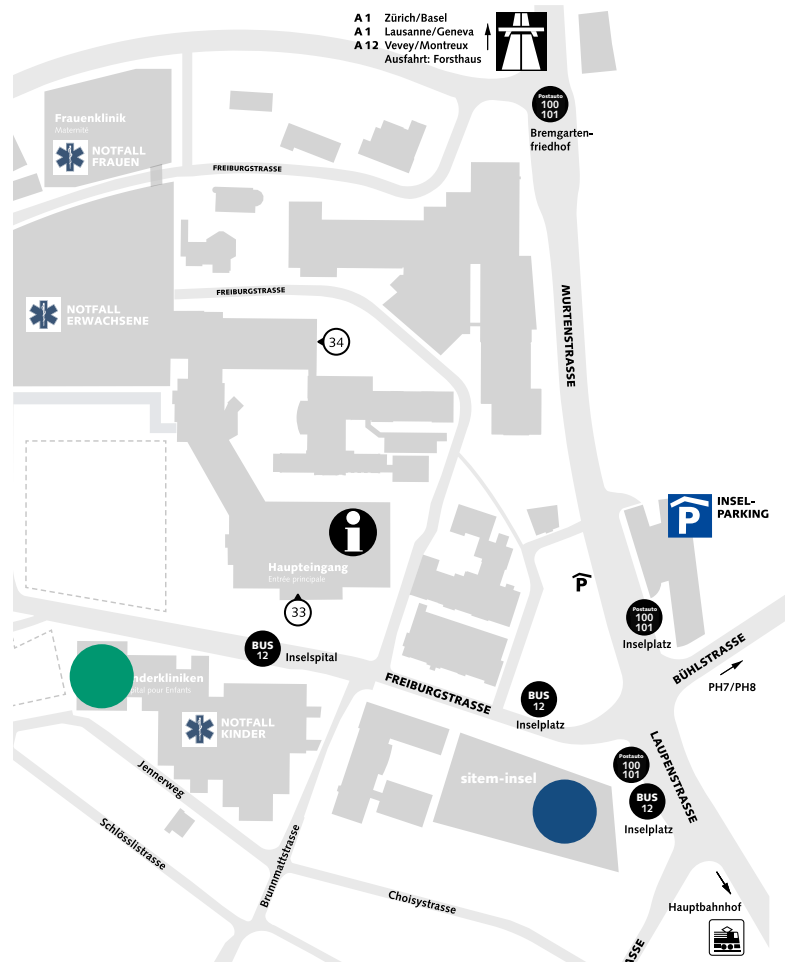
Registration/Information

Online registration www.sfas.ch

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IBRA

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