IBRA International Bone Research Association

20 Years

Program

IBRA EDUCATION PROGRAM Advanced

IBRA Advanced Course

Contemporary Challenges and Perspectives in Foot & Ankle Surgery

February 8 – 9, 2024
Rotterdam, Netherlands

Chairpersons:
PD Dr. Christian Plaass, Hanover, Germany
Mr James Carmichael, Peterborough, United Kingdom

Foreword

Dear Colleagues

Disorders of the foot and ankle are among the most common orthopaedic presentations. Whilst many of the conditions are common and straightforward the complexity of the foot biomechanics and structure, with its unique combination of flexibility and strength, presents specific diagnostic and technical challenges. Equally, the rapid growth of foot and ankle surgery has been accompanied by an increase in available surgical options creating additional challenges for the treating surgeon.

An understanding of underlying pathology and the impact on function is vital in the planning of appropriate, successful treatment. The combination of obtaining the correct diagnosis with the planning and performing of the correct intervention using techniques is essential for a successful outcome.

We present a series of lectures and practical exercises on commonly foot and ankle pathologies, both elective and trauma. We will discuss both traditional and novel interventions with an experienced, internationally renowned faculty of orthopaedic and trauma surgeons.

The course will combine interactive lectures with cadaveric workshops using fresh frozen specimens for practical experience of the described techniques.

We are delighted to welcome you to Rotterdam this February.

C. Plaass

J. Carmichael

T. Schepers

Faculty

Chairpersons

PD Dr. Christian Plaass, Hanover, Germany

Mr Jim Carmichael, Peterborough, United Kingdom

Local Chairperson

Dr. Tim Schepers, Amsterdam, Netherlands

Faculty

(in alphabetical order)

Mr Jim Carmichael, Peterborough, UK

Dr. Jasmin Diallo, Langenthal, CH

Prof. Dr. Mario Herrera, Tenerife, Spain

PD Dr. Christian Plaass, Hanover, DE

Prof. Dr. Hans Polzer, Munich, DE

Dr. Dan Prat, Ramat Gan, ISR

Mr Hatem Salem, Mansfield, UK

Dr. Tim Schepers, Amsterdam, NL

Prof. Dr. Stukenborg-Colsman, Hanover, DE

Thursday – February 8, 2024

	Location SkillsLab Erasmus MC Room Ee-120 Wytemaweg 80 3015 CN Rotterdam Netherlands	
8:00 – 8:15	**Registration**	
8:15 – 8:20	Welcome	*T. Schepers* *C. Plaass*
8:20 – 8:30	IBRA Introduction	*T. Hövekamp*
8:30 – 10:30	**Session I: Mid- and Forefoot Trauma (120 min)**	***C. Plaass***
8:30 – 8:45	Sesamoid fractures and turf toe	*C. Plaass*
8:45 – 9:00	Lisfranc fractures – fusion or fixation	*H. Polzer*
9:00 – 9:15	Sequelae of the missed Lisfranc	*C. Stukenborg-Colsman*
9:15 – 9:30	The 5th metatarsal	*J. Diallo*
9:30 – 10:30	Discussion and cases	*All*
10:30 – 11:00	**Coffee Break**	

Thursday – February 8, 2024

11:00 – 13:00	**Session II: Hindfoot Trauma (120 min)**	***T. Schepers***
11:00 – 11:20	Navicular fractures	*M. Herrera*
11:20 – 11:40	Calcaneal fractures	*D. Prat*
11:40 – 12:00	Management of postraumatic subtalar OA and malunited calcaneus fractures	*H. Salem*
12:00 – 12:20	Talus fractures	*T. Schepers*
12:20 – 13:00	Discussion and cases	*All*
13:00 – 14:00	**Lunch**	

Thursday – February 8, 2024

14:00 – 18:00	**Practical Part I (210 min)**	***C. Plaass***
14:00 – 15:00	Bridge plate fixation of Lisfranc	*H. Polzer*
15:00 – 16:00	ORIF of 5th metatarsal fractures	*J. Diallo*
16:00 – 16:30	**Coffee Break**	
16:30 – 17:00	Approach and fixation of talus fractures	*H. Salem*
17:00 – 17:30	Trans ligamentous approach to the talar dome for acute OCD	*C. Stukenborg-Colsman*
17:30 – 18:00	Extensile lateral approach to the calcaneus	*D. Prat*
18:00 – 18:15	Summary	*C. Plaass* *T. Schepers*

20:00	**Networking Dinner**

IBRA International Bone Research Association

IBRA Virtual Campus

Flexible, self-paced learning for busy healthcare professionals

The IBRA Virtual Campus features:

✓ Recorded webinars
✓ Online courses
✓ Instructional videos
✓ Scientific articles
✓ Case discussions

Virtual Campus

All IBRA Members enjoy access to the Virtual Campus through the member area.

Not part of our affiliation yet?

Join us today and take advantage of the benefits of the IBRA Basic Membership:

- Worldwide networking
- Regular updates on events
- Access to the Virtual Campus
- Free of charge

IBRA Virtual Campus:

Friday – February 9, 2024

	Location SkillsLab Erasmus MC Room Ee-120 Wytemaweg 80 3015 CN Rotterdam Netherlands	
8:30 – 8:35	Welcome	*C. Plaass* *T. Schepers*
8:35 – 10:00	**Session III: Ankle Trauma (85 min)**	***T. Schepers***
8:35 – 8:50	Is there a role for arthroscopy in ankle trauma	*H. Polzer*
8:50 – 9:05	The posterior malleolus	*J. Diallo*
9:05 – 9:20	Syndesmotic injuries	*M. Herrera*
9:20 – 10:00	Discussion and cases	*All*
10:00 – 10:30	**Coffee Break**	

Friday – February 9, 2024

10:30 – 13:00	**Session IV: Ankle Trauma (90 min)**	***D. Prat***
10:30 – 10:50	Revision ankle fracture surgery	*T. Schepers*
10:50 – 11:10	Post traumatic ankle OA	*C. Stukenborg-Colsman*
11:10 – 11:30	Pilon fractures – principles of approach and fixation	*D. Prat*
11:30 – 12:00	Discussion and cases	*All*
12:00 – 12:30	**Lunch**	
12:30 – 15:30	**Practical Part II (180 min)**	***T. Schepers***
12:30 – 13:30	Postero lateral aproach and modified posteromedial for fixation of the posterior malleoli	*M. Herrera*
13:30 – 15:00	Surgical planning and fixation of prefractured ankle specimen	
15:00 – 15:30	Case Presentations	
15:30 – 15:45	Summary	*C. Plaass* *T. Schepers*

General Information

Chairpersons

PD Dr. Christian Plaass, Hanover, Germany
Mr. Jim Carmichael Peterborough, United Kingdom

Organized by

IBRA - International Bone Research Association, Basel, Switzerland

Registration & Information

IBRA Administration Office
Hochbergerstrasse 60E, CH-4057 Basel
Phone: +41 (0) 61 319 05 05
info@ibra.net
www.ibra.net

Registration Fees incl. Tax

	Seminar & Workshop	Seminar only
IBRA Member	EUR 320	EUR 65
Non-Member	EUR 640	EUR 130
Resident		EUR 110

Registration Fee includes

February 8 + 9: Coffee Breaks and Lunch

Registration for Workshop only: not possible!

Group Dinner Event: not included

Group Dinner Event

Costs: EUR 45 per person

Registration Deadline: January 20, 2024

General Information

Certification

EACCME

European Accreditation Council for Continuing Medical Education

The IBRA Advanced course: Contemporary Challenges and Perspectives in Foot & Ankle Surgery Rotterdam, Netherlands, 08/02/2024 - 09/02/2024 organized by IBRA - International Bone Research Association has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for a maximum of 13.0 European CME credits (ECMEC®s).

General Information

Educational hours

Theoretical Part on Thursday, February 8 - 240 min

Practical Part on Thursday, February 8 - 210 min

Theoretical Part on Friday, February 9 - 175 min

Practical Part on Friday, February 9 - 180 min

Total: 13 h

Target audience

Recommended for attending physicians/consultants.

Main specialty of the event

Starting with the classification of the injury or deformity, the faculty members share their preferred approach, treatment, and follow-up of cases with advanced difficulty.

Expected total number of participants

30

Educational needs

Dealing with challenging fractures and deformities, consultants request exchange through case discussions both theoretically and through surgeries. Beside state-of-the-art approaches, expert opinions and discussions are highly appreciated to scientifically elaborate improvements when dealing with difficult cases.

Expected educational outcomes

Extend common knowledge and skills and awareness of surgical techniques by exchanging less frequent or demanding cases of orthopedics and traumatology.

General Information

Nature of the event

The course offers ideal conditions for the introduction and consolidation of surgery techniques. Participants learn about current treatment concepts as well as new techniques on internal fixation. On the first day, experienced surgeons provide a theoretical insight into therapy concepts and will focus on clinical anatomy, fracture classification, approaches and last but not least, many case discussions. The workshop on day two permits the attendees to apply the gained skills on fresh specimens under directed instruction.

Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop with helpful hints shown by faculty members.

International audience

Yes

Main language of the event

The official language is English.

General Information

Venues

SkillsLab Erasmus MC
Room Ee-120
Wytemaweg 80
3015 CN Rotterdam
Netherlands

Accommodation

Bilderberg Parkhotel Rotterdam
Westersingel 70
3015 LB Rotterdam
Netherlands

Rooms can be booked via course registration:

Regular room for single use 135 Euro including 9% B.T.W.
Excluding 6.5% city tax and
excluding service charge a € 3,40 per person per night.

Networking Dinner

Thursday, February 8, 2024

Time

20:00 h

Costs

For all participants – EUR 45 per person, per dinner

General Information

Registration and Confirmation

All registrations are confirmed by e-mail. If you have not received a confirmation prior to your departure for this course, please contact us.

Refund Policy

All refunds must be requested by email (info@ibra.net) to the IBRA Administration Office. If IBRA receives it 3 weeks prior to the event, a full refund will be given. If IBRA receives it 10 days prior to the event, a refund of 50% of the registration fee will be given. No refunds will be given for later notifications or non-attendance.

Please note: The course fee will be fully refunded in case of cancellations due to Pandemic-related regulations and restrictions imposed by regional or national authorities.

Sponsoring

We thank our sponsor Medartis for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted financial support for this event.

IBRA would like to make the participants of this course aware that there is a variety of different similar products available on the market beyond the ones provided at this particular event.

General Information

Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program. All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.

IBRA International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-todate network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

Notes

IBRA International Bone Research Association

IBRA – a unique international network in research and continuing education

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as new scientific developments.

Core activities

- Global grid of IBRA Training Centers
- Courses, workshops and webinars
- International scholarship program
- Research grants

IBRA Membership – Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

Membership

IBRA Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking (Members and Training Centers)
- Regular updates on events
- Access to our database of materials and recorded webinars
- Free of charge

IBRA Full Membership

Shaping our organization in various functions

All Basic Membership benefits plus:

- Prioritized access to IBRA research grants and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA (e.g. speaker, course chair, Training Center)

www.ibra.net/Membership

Headquarters

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