SFAS

SWISS FOOT AND ANKLE SOCIETY
SCHWEIZERISCHE GESELLSCHAFT FÜR CHIRURGIE UND MEDIZIN DES FUSSES
SOCIETÉ SUISSE DE CHIRURGIE ET MÉDICINE DU PIED

SFAS-Symposium 2019

April 4 & 5, 2019 / Lucerne

Thursday, April 4, 2019 I 11.00 – 16.45h

Foot & Ankle Anatomical Approaches & Surgeries

SFAS & IBRA Collaboration

Location: Skills Lab LUKS Campus Haus 10
Luzerner Kantonsspital | Spitalstrasse | 6000 Luzern 16

Friday, April 5, 2019 I 9.00 – 17.00h

SFAS-Symposium

Topics: Chronic Ankle Instability & Ankle Fractures

Location: Grosser Hörsaal
Luzerner Kantonsspital | Spitalstrasse | 6000 Luzern 16

Organisation:

Dr. Lukas D. Iselin, Martin Ulrich
Klinik für Orthopädie und Unfallchirurgie

In cooperation with:

IBRA International Bone Research Association

Welcome Letter

Dear colleagues

We are delighted to host this year's Annual SFAS Symposium on April 5th in Luzern.
The 2019 edition will take place at the Kantonsspital Luzern.
As every year, there will be a rich scientific content around the two topics that you have selected during the general assembly last year, which will be Chronic Ankle Fractures and Ankle Instability.

We are happy to announce that thanks to collaboration and generous contribution of the International Bone Research Association IBRA we are able to offer a Foot & Ankle Wetlab for the third time prior to the SFAS Symposium.

As the first edition organised in 2017 was a great success and the 2018 edition in Geneva was higly appreciated the 2019 edition will be held on April 4th in Luzern at the Skills Lab training facility located within the Campus of the Luzerner Kantonsspital.

This course will be proposed for 24 participants and is designed for junior foot & ankle surgeons.

A special thank goes to IBRA and our Sponsors Medartis, Medeco and Wright Medical/Tornier, who contribute substantially to making those events possible.

We are looking forward to welcoming you in Luzern
Kind regards

Lukas D. Iselin Martin Ulrich

Local organizers of SFAS 2019 Symposium and SFAS 2019 Foot and Ankle Wetlab

Faculty

Faculty
(in alphabetical order)

PD Dr. med. Matthieu Assal	Geneve	mathieu.assal@bluewin.ch
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SFAS-Symposium 2019 – Thursday, April 4, 2019

Anatomical Approaches & Surgeries, SFAS & IBRA Collaboration

Skills Lab LUKS Campus Haus 10

Luzerner Kantonsspital | Spitalstrasse | 6000 Luzern 16

9.15 – 9.55	Registration	
9.55 – 10.00	Welcome Symposium-Chairman SFAS-President	Lukas Iselin Victor Valderrabano
10.00 – 11.15	**Topic: Hindfoot**	
10.00 – 10.10	Approach 1: Lateral Hindfoot/Ankle Approach & Anatomy	Lukas Iselin
10.10 – 10.35	Technique 1: Medial Sliding Kalkaneus OT (2 cannulated CCS 7.0 Screws/IBRA)	
10.35 – 10.45	Approach 2: Medial Hindfoot/Ankle Approach & Anatomy	Norman Espinosa
10.45 – 11.15	Technique 2: FDL-zu-Tibpost-Transfer	
11.15 – 11.30	**Break**	
11.30 – 12.15	**Topic: Ankle**	
11.30 – 11.35	Ventral Ankle Approach & Anatomy	Christian Sommer
11.35 – 12.15	Technique 3: Ankle Arthrodesis per anterior Approach (3 percutaneous cannulated CCS 7.0 Screws/IBRA)	
12.15 – 13.15	**Lunch**	

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13.15 – 14.15	**Topic: Midfoot**	
13.15 – 13.30	Approach 4: Approaches to Midfoot: medial First ray, dorsal Lisfranc II-III, lateral Lisfranc IV-V	Markus Knupp
13.30 – 14.15	Technique 4: Lisfranc-Injury-Reconstruction: Arthrodesis Lisfranc I-III, K-Wires IV-V (CCS 5.0, Wingplate/IBRA)	
14.15 – 16.45	**Topic: Forefoot**	
14.15 – 16.00	Approach 5: Approaches to the Forefoot: Medial MTP Joint I, IM-Approaches, lateral MTP Joint V	Timo Schmid
16.00 – 16.45	Technique 5: Hallux-Arthrodesis, Weil-OT 2-4 (Hallux-Arthrodesis-Plate, 2.0 Screws / IBRA)	
17.30 – 19.30	**SFAS Board Meeting**	
20.00	**Dinner for SFAS-Board Members and Partners & Sponsors** Restaurant Barbatti, Töpferstrasse 10, 6004 Luzern Phone: +41 410 13 41, www.barbatti-luzern.ch	

SFAS-Symposium

Großer Hörsaal

Luzerner Kantonsspital | Spitalstrasse | 6000 Luzern 16

9.00 – 10.00	Registration	
10.00 – 10.05	Welcome Symposium-Chairman SFAS-President	 Lukas Iselin Victor Valderrabano
10.05 – 12.00	**Topic 1: Ankle Fractures**	**Victor Valderrabano Beat Hintermann**
10.05 – 10.15	Stable supination-external rotation injury injuries – leave why?	Martin Weber
10.15 – 10.30	Stable supination-external rotation injury injuries – fix why?	Philipp Stillhard
10.30 – 10.45	The Volkmann Triangle why to address	Alain Akiki
10.45 – 11.00	Primary Arthrodesis in the elderly population	Monika Horisberger
11.00 – 11.15	Fracture Dilemma in the diabetic population	Lukas Iselin
11.15 – 11.45	Management of malunions	Stefan Rammelt (Int. Guest)
11.45 – 12.00	Closing remarks	Victor Valderrabano
12.00 – 13.00	Lunch & Industry	Lunch Coffee and Sweets at the Exhibition
13.00 – 13.30	Die aktuelle Schweizer Politik rund um den Fuss	Gerardo J. Maquieira
13.30 – 14.00	SFAS General Assembly	Victor Valderrabano SFAS President

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14.00 – 15.10	**Topic 2: Chronic Ankle Instability**	**Stefan Wirth Mathieu Assal**
14.00 – 14.15	Lateral Instability – Arthroscopic treatment	Victor Dubois-Ferrière
14.15 – 14.30	Lateral Instability – Open reconstruction	Georg Klammer
14.30 – 14.50	Medial Instability – does it exist?	Norman Espinosa
14.50 – 15.10	Tibio-Spring-Spring Ligament injuries	Beat Hintermann
15.10 – 15.30	**Break**	

15.30 - 16.45	**Topic 3: Rare Instabilities**	**Norman Espinosa Lukas Iselin**
15.30 – 15.50	Subtalar instability - case based discussion	Mathieu Assal
15.50 – 16.10	CC-Instability – a often missed injury	Stefan Wirth
16.10 – 16.30	Discussion	All
16.30 – 16.45	Closing remarks	Lukas Iselin

General Information

Organisation

Dr. Lukas D. Iselin,
Martin Ulrich

Contact & Information:

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FMH Orthopädie und Traumatologie des Bewegungsapparates
Leiter Fuss- und Sprunggelenks-Chirurgie

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Spitalstrasse | 6000 Luzern 16

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Assistant: Mrs Sabine Bans, office@sfas.ch, Tel: 076 563 45 30

Registration Fees

04.04.2019 SFAS Wetlab free
05.04.2019 SFAS Symposium
1) SFAS-Member CHF 100.-
2) SFAS- Non Member CHF 150.-
3) Resident/Physiotherapist: CHF 80.-

Credit Points

Swiss Orthopaedics: 8 points each day, total 16 points

Registration

Registration

Registrations are possible online. Please follow the the link on our website: www.sfas.ch

Registrations for Wetlab on April 4 is limited and is available on a first-come, first-served basis.
It is fully sponsored by IBRA and therefore free for SFAS Members.

For more information please contact

Mrs. Sabine Bans, assistant SFAS office@sfas.ch
Phone: +41 (0) 76 563 45 30 (Thursday only)

Wetlab

Skills Lab LUKS Campus Haus 10

Luzerner Kantonsspital
Spitalstrasse
6000 Luzern 16

Arrival by public transports from the Luzern railway station:

Bus Nr. 18 or 19 to Stop ‚Kantonsspital and walk 2' to the hospital

By car:

Adress for GPS: Spitalstrasse 34, Luzern

There are only very few parking lots available at Parking (Parkhaus) LUKS
We therefore recommend arrival by Taxi or public transportation.

Parkhaus Süd (34, Zufahrt Spitalstrasse)

Parktarife

Parkhaus (CHF/Std.)
- 08.00 - 20.00 Uhr (Hochtarif): CHF 3.20 (CHF 0.80/15 Min.)
- 20.00 - 08.00 Uhr (Niedertarif): CHF 1.20 (CHF 0.30/15 Min.)
- daily maximum CHF 38.00.

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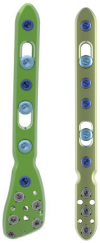

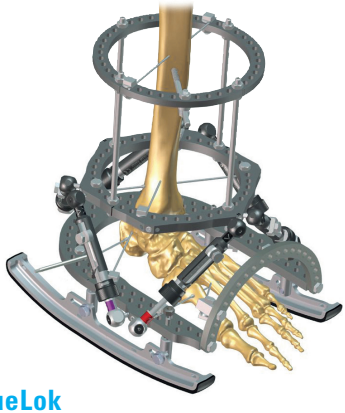

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IBRA International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-todate network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

IBRA I International Bone Research Association I Hochbergerstrasse 60E I 4057 Basel/Switzerland
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Notes

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