

## **Program**



## IBRA Seminar and Workshop

## Management of Severe Deformities in Foot & Ankle Surgery

June 21 – 22, 2019 London, United Kingdom

#### **Foreword**

Dear colleagues,

Painful defects and injuries of Foot and Ankle are among the most frequent musculoskeletal orthopaedic diseases. Their operative care always presents us with medical and technical challenges.

Strategy and method, the right osteosynthesis procedure as well as the appropriate materials are crucial elements for the postoperative function of the Foot and Ankle, and thus for the welfare of the patients.

Lectures on the state of science and progress in the field of Foot and Ankle Surgery on the one hand and the joint discussions about concrete cases and medical evidence on the other constitute the framework of the first course day. Great emphasis is thus put on the presentation of current treatment options.

The second day of the course focuses on the practical training on fresh frozen specimens.

A highly experienced international faculty will support and guide the participants through the exercises.

We would be delighted to welcome you to these practical days here in London.



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### Faculty

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#### Chairman

Mr. James Carmichael, Peterborough, United Kingdom

#### **Faculty**

(in alphabetical order)

Prof. Dr. Gert-Peter Brüggemann, Cologne, DE, brueggemann.gpeter@gmail.com

Mr. James Carmichael, Peterborough, UK, orthojim@me.com

Mr. Suresh Chandrashekar, London, UK, drsureshc@gmail.com

Mr. Nick Cullen, London, UK, stanmorefoot@gmail.com

Mr. Ravi Kamath, Peterborough, UK, rkamath68@gmail.com

Mr. Martin Raglan, Nottingham, UK, martin raglan@nuh.nhs.uk

Prof. Dr. Christina Stukenborg-Colsman, Hannover, DE,

christina.stukenborg@diakovere.de

Dr. Andrew Wines, Sydney, AUS, apw1307@bigpond.com

	Location Harris Lecture Theatre Hodgkin Building Kings College London Guys Campus	
8:00 – 8:30	Registration	SHA
8:30 – 8:40	Welcome from the Chairperson	J. Carmichae
8:40 – 8:45	IBRA Indroduction	Р. Коор
8:45 – 10:15	Session I: (90 min)	
8:45 – 9:15	The surgical treatment of Metatarsalgia – Is there still a role for the Weils osteotomy	S. Chandrasheka
9:15 – 9:45	Hallux Valgus	A. Wines
9:45 – 10:15	Revision surgery of the forefoot	J. Carmichae
10:15 - 10:30	Coffee Break	

10:30 – 12:30	Session II: (120 min)	
10:30 – 11:00	The arthritic midfoot	R. Kamath
11:00 – 11:30	The adult aquired flatfoot	A. Wines
11:30 – 12:00	Pes cavus	N. Cullen
12:00 – 12:30	Charcot of the mid and hindfoot	Ch. Stukenborg- Colsman
	The same of the sa	The Tay May
12:30 – 13:30	Lunch	
12:30 – 13:30	Lunch	

13:30 – 15:00	Session III: (90 min)	
13:30 – 14:00	Forces and stresses within foot and ankle during weight bearing and locomotion – biomechanical requirements of internal fixing and immobilization	G-P. Brüggemann
14:00 – 14:30	Calcaneal fractures – is there still a role for surgery	R. Kamath
14:30 – 15:00	Medial Deltoid injuries – Diagnosis and treatment	N. Cullen
15:00 – 15:15	Coffee Break	
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15:15 – 16:45	Session IV: (90 min)	
15:15 – 15:45	Peri-articular osteotomies for asymetric ankle OA	Ch. Stukenborg- Colsman
15:45 – 16:15	Ankle arthritis — the case for replacement	M. Raglan
16:15 – 16:45	Ankle arthritis – the case for fusion	S. Chandrashekar
16:45 – 17:15	Revision of the failed ankle replacement	J. Carmichael
17:15 – 17:45	Summary & Discussion	

20:00	Social Dinner
	Roast Restaurant
	The Floral Hall, Borough Market
	Stoney Street
20/00/2000	London SE1 1TL
	Tel: +44 (0) 203 763 56 29
	http://www.roast-restaurant.com

## Saturday – June 22, 2019

	Location Upper Dissecting Rooms ANATOMY DEPARTMENT Hodgkin Building Kings College London, Guys Campus	
7:30	Departure to laboratory	ZAYS
7:45	Registration	
7:45 – 7:50	Welcome	NA CONTRACTOR
7:50 – 8:00	Product Introduction (Medartis Tips and Tricks)	
8:00 – 9:30	Practical Part I – Hallux Valgus Correction (90 min)	
8:00 – 9:30	Lapidus Arthrodesis - Plantar and Dorsal Medial	R. Kamath
	Fusion of the 2nd & 3rd TMTJ	J. Carmichae

## Saturday – June 22, 2019

9:30 – 10:30	Practical Part II – Forefoot Reconstruction (60 min)	
9:30 – 10:30	Revision 1st MTPJ fusion with bone block and Weils osteotomy	J. Carmichael
10:30 – 11:00	Coffee Break	
11:00 – 13:00	Practical Part III – Flatfoot Correction (120 min)	
11:00 – 13:00	Medialising calcaneal osteotomy and lateral collumn lengthening	A. Wines
	The Cotton Osteotomy	S. Chandrashekar
	The FDL to tibialis posterior tendon transfer	M. Raglan
13:00 – 14:00	Lunch	

## Saturday – June 22, 2019

14:00 – 15:30	Practical Part IV – Ankle Correction (90 min)	
14:00 – 15:30	The talonavicular fusion	N. Cullen
	The subtalar and CCJ fusion	A. Wines
	The transfibular ankle fusion	J. Carmichael
15:30 – 15:45	Summary and Adjourn	
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#### Chairman

Mr. James Carmichael, Peterborough, United Kingdom

#### Organized by

IBRA - International Bone Research Association, Basel, Switzerland

#### **Registration & Information**

IBRA Administration Office

Hochbergerstrasse 60E, CH-4057 Basel

Phone: +41 (0) 61 319 05 05, Fax: +41 (0) 61 319 05 19

info@ibra.net, Website: www.ibra.net

#### **Registration Fees**

IBRA Member	Seminar & Workshop EUR 290	Seminar only EUR 55
Non-Member	EUR 580	EUR 110
Resident	EUR 530	EUR 90

#### Registration Fee includes

June 21 + 22: Lunch and Coffee Breaks at Anatomy Department, Hodgkin Building, Kings College London

Registration for Workshop only: not possible!

Group Dinner Event: not included

#### **Group Dinner Event**

Costs: EUR 40 per person

#### Registration Deadline: May 24, 2019

Registrations to the Seminar and the Anatomy Workshop are differently limited and are available on a first-come, first-served basis.



Theoretical Part on Friday, June 21 - 390 min Practical Part on Saturday, June 22 - 360 min

Total: 12,5h

#### Target audience

Recommended for senior surgeons and consultants

#### Main specialty of the event

Starting with classification of the injury or deformity, the faculty members share their preferred approach, treatment, and follow-up of cases with advanced difficulty.

#### Expected total number of participants

28

#### **Educational needs**

Dealing with challenging fractures and deformities, consultants request exchange through case discussions both theoretically and through surgeries. Beside state-of-the-art approaches, expert opionions and discussions are highly appreciated to scientifically elaborate improvements when dealing with difficult cases.

#### **Expected educational outcomes**

Extend common knowledge and skills and awareness of surgical techiques by exchanging less frequent or demanding cases of orthopedics and traumatology.

#### Nature of the event

The IBRA advanced course "Management of Severe Deformities in Foot & Ankle Surgery" offers ideal conditions for the introduction and consolidation of hand surgery technique. Participants will learn about current treatment concepts as well as about new techniques on internal fixation.

Experienced surgeons will provide a theoretical insight into current therapy concepts and will focus on clinical anatomy, fracture classification, approaches and last but not least, many case discussions.

The workshop on day two will permit the attendees to apply the gained skills on fresh specimens under directed instruction

#### Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop with tips & tricks shown by faculty members.

#### International audience

Yes

#### Main language of the event

The official event language is English.

#### Venues

<u>Friday, June 21</u>
Harris Lecture Theatre
Hodgkin Building
Kings College London
Guys Campus

Saturday, June 22
Anatomy Department
Upper Dissecting Rooms
Hodgkin Building
Kings College London
Guys Campus
SE1 1UL

Phone: +44 (0) 207 848 65 99

#### Accommodation

Novotel London City South 53-61, Southwark Bridge Road SE1 9HH LONDON, UK Phone: +44 (0) 207 089 05 07

Email: H3269@accor.com

#### Social Dinner

Friday, June 21, 2019

Roast Restaurant The Floral Hall, Borough Market Stoney Street London SE1 1TL Phone: +44 (0) 203 763 56 29

http://www.roast-restaurant.com

## Time

20:00 h

## Method of Payment

The following methods of payment are accepted:

Credit Card

VISA

Master Card MasterCard



Bank Transfer (EUR)

Account no. IBAN no. Clearing no.

**SWIFT** 

Bank J. Safra Sarasin AG. CH-4002 Basel

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#### **Refund Policy**

All refunds must be requested in writing to the IBRA Administration Office. If written notification is received 3 weeks prior to the event, a full refund less a EUR 40 processing fee will be given. If written notification is received 10 days prior to the event, a refund of 50% of the registration fee will be given. For later notifications there will be no refunds. Refunds will not be given for non-attendance.

#### **Sponsoring**

We thank our major industry partner Medartis for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted educational grant for this event.

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#### Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program. All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.





**IBRA** is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- · Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-todate network for the exchange of experience and knowledge in applied bone and tissue research.

#### History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

#### Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

#### Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

### Notes







#### IBRA – a unique international network in research and continuing education

Our aim is to promote exchange of professional knowledge, encourage new scientific developments and provide research as well as highly specialized medical training.

#### Core activities

- International scholarship program
- Research grants

- Global grid of IBRA Training Centers
- · Courses, workshops and webinars



#### Membership

#### **IBRA** Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking (Members and Training Centers)
- Regular updates on events
- Access to our database of materials and recorded webinars
- Free of charge

#### IBRA Full Membership

Shaping our organization in various functions All Basic Membership benefits plus:

- Prioritized access to IBRA research grants and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA (e.g. speaker, course chair, Training Center)

#### Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

www.ibra.net

#### Headquarters

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