IBRA International Bone Research Association

Program

IBRA Resident Course

Basic Principles in Foot & Ankle Surgery

March 7, 2020
Sapporo, Japan

Chairmen:
Prof. Dr. Ozeki Satoru, Koshigaya, Japan
Assist Professor Dr. Atsushi Teramoto, Sapporo, Japan

Foreword

Dear colleagues,

Let me start by saying how grateful I am to IBRA and Medartis for their continuous support and investment in providing the educational and learning platform for Foot and Ankle doctors here in Japan. Without this the opportunities and indeed the access to the global learning opportunities provided by IBRA could not be realized.

It therefore, gives me great pleasure, on behalf of the JSSF, to be hosting for the 3rd year our 5th IBRA event in Japan of which the Sapporo event will be our 3rd Resident Course targeting the younger doctors.

Last year's two events held in September at Hokkaido and co-chaired by Lecturer Onodera as well as the Advanced course held at Dokkyo Medical University in November brought a very clear message about the criticality of education through the sharing and exchange of ideas and practices that reach a wider audience – the Foot and Ankle Doctors.

Importantly, awareness to the Foot & Ankle Society not just globally but in our local areas and regional institutions - here in Japan - has to be a driving force and a regular part of our learning objectives and available infrastructure in support of sharing and developing together existing legacy and encouraging new ideas for all.

The absolute necessity of organizations such as IBRA, in support of the educational advancement of the Foot & Ankle surgeons' is very warmly received and hugely respected here in Japan.

Finally, the actual work that goes in to these events remains largely unnoticed, so it is with the warmth and respect from all of us here at the JSSF - and its members, all the staff at Sapporo Medical University that we welcome back to Sapporo, our main collaborative partners IBRA, and Medartis.

Professor Dr. Ozeki Satoru

Assist Professor Dr. Teramoto Atsushi

Faculty

Chairmen
Prof. Dr. Ozeki Satoru, Koshigaya, Japan
Assist Professor Dr. Teramoto Atsushi, Sapporo, Japan

Faculty
(in alphabetical order)
Lecturer Assist Professor Dr. Abe Satomi, Asahikawa Medical University, Asahikawa
Professor Kumai Tsukasa, Waseda University, School of Sport Sciences, Tokyo
Dr. Kura Hideji, Hitsujigaoka Hospital, Sapporo
Lecturer Dr. Ogawa Masato, Dokkyo Medical University, Saitama Medical Center
Dr. Okada Hirokazu, Okada Orthop. Hospital, Niigata
Professor Dr. Ozeki Satoru, Dokkyo Medical University, Saitama Medical Center
Professor Stuckenborg-Colsmann Christina,
Clinic for Orthopaedic Surgery, Hanover, Germany
Assist Professor Dr. Teramoto Atsushi, Sapporo Medical University, Sapporo
Associate Professor Yoshimura Ichiro, Fukuoka Medical University, Fukuoka

Saturday – March 7, 2020

	Location Sapporo Medical University Building: Education Research Building Room: D102 17 Chome Minami 2 Jonishi, Chuo Ward, Sapporo Hokkaido 060-0062, Japan	
7:30 – 8:00	**Registration**	
8:00 – 8:05	Welcome	*S. Ozeki*
8:05 – 8:15	IBRA Introduction	*P. Koop*
8:15 – 10:00	**Theoretical Part (105 min)**	
8:15 – 8:30	Hallux Valgus Distal Osteotomy	*H. Kura*
8:30 – 8:45	Hallux Valgus Proximal Osteotomy	*M. Ogawa*
8:45 – 9:00	Hallux Valgus Bone Shaft Osteotomy	*S. Abe*
9:00 – 9:15	MTP-1 Arthrodesis	*A. Teramoto*
9:15 – 9:30	Lisfranc Joint Arthrodesis	*H.Okada*
9:30 – 9:45	Calcaneus Fracture	*S. Ozeki*
9:45 – 10:00	Case Discussion	*C. Stukenborg-Colsmann*
10:00 – 10:15	**Coffee Break**	

Saturday – March 7, 2020

	Location Sapporo Medical University Building: Education Research Building Room: CB18 17 Chome Minami 2 Jonishi, Chuo Ward, Sapporo Hokkaido 060-0062, Japan	
10:15 – 16:45	**Session III – Practical Part**	
10:15 – 10:30	Medartis Implants & Instruments	
10:30 – 11:15	MTP-1 Arthrodesis	*A. Teramoto*
11:15 – 12:00	MTP-1 Revision	*H. Kura*
12:00 – 13:00	**Lunch**	
13:00 – 13:45	TMT 1 Dorsomedial / Plantar	*M. Ogawa*
13:45 – 14:30	Weil Osteotomy & IP Fusion	*C. Stukenborg-Colsmann*
14:30 – 15:00	**Coffee Break**	
15:00 – 15:45	Lisfranc Arthrodesis	*H. Okada*
15:45 – 16:30	Subtalar Fusion	*T. Kumai*
16:30– 16:45	Conclusion and Adjourn	

General Information

Chairmen
Prof. Dr. Ozeki Satoru, Koshigaya, Japan
Assist Professor Dr. Teramoto Atsushi, Sapporo, Japan

Organized by
IBRA - International Bone Research Association, Basel, Switzerland

Registration & Information
IBRA Administration Office
Hochbergerstrasse 60E
CH-4057 Basel
Phone +41 61 319 05 05
Fax +41 61 319 05 19
info@ibra.net, www.ibra.net

Course Fee incl. Tax:

	Seminar & Workshop	Seminar only
IBRA Full Member	USD 220	USD 50
Non- / Basic Member (IBRA)	USD 440	USD 100
Resident	USD 300	USD 80

Registration Fee includes
Lunch and Coffee Breaks

Registration Deadline
February 22, 2020

General Information

Educational hours

Theoretical Part on, Saturday, March 7 - 105 min
Practical Part on Saturday, March 7 - 300 min

Total: 7,15h

Target audience

Recommended for young residents and physicians in sub-specialty training.

Main specialty of the event

The course offers the basics in clinical diagnostics, treatment and follow-up. The focus is on state-of-the-art surgical techniques.

Expected number of Participants

20

Educational needs

Starts with clinical anatomy. Based on expressed needs by participants of previous courses and events (evaluations), residents and physicians in training request and appreciate „hands-on“ workshops, explanations of experts, the exchange with a variety of faculty as well as discussions with peers about clinical cases.

Expected educational outcomes

Consolidate the knowledge of classifications and most useful approaches. increase the spectrum of skills dealing with standard surgeries. Learning tips and tricks (alternatively: handy hints) in applying techniques and conducting operations.

General Information

Nature of the event

Standard procedures and interesting cases are introduced in lectures and contain case studies and discussions. After that, a cad lab workshop follows the theoretical sessions. Each approach is usually explained by a corresponding educational video explained by a faculty member.

Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop with helpful hints shown by faculty members.

International audience

Yes

Main language of the event

The official language is Japanese.

Simultaneous translation

No simultaneous translation will be provided.

General Information

Method of Payment

The following methods of payment are accepted:

Credit Card VISA Master Card American Express

Bank Transfer (USD)	Bank J. Safra Sarasin AG, CH-4002 Basel
Account no.	6010055.4002
IBAN no.	CH87 0875 0060 1005 5400 2
Clearing no.	8750
SWIFT	SARACHBB

Refund Policy

All refunds must be requested in writing to the IBRA Administration Office. If written notification is received 3 weeks prior to the event, a full refund less a USD 40 processing fee will be given. If written notification is received 10 days prior to the event, a refund of 50% of the registration fee will be given. For later notifications there will be no refunds. Refunds will not be given for non-attendance.

Sponsoring

We thank our major industry partner Medartis for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted educational grant for this event.

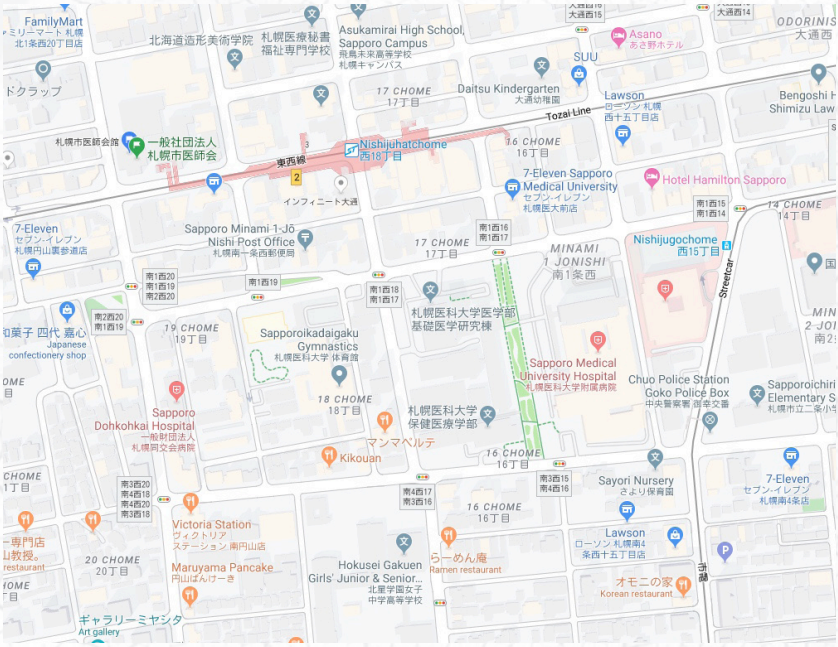
medartis®

General Information

Venue

Seminar:
Sapporo Medical University
Building: Education Research Building
Room: D102
17 Chome Minami 2 Jonishi, Chuo Ward, Sapporo, Hokkaido 060-0062, Japan

Wetlab:
Sapporo Medical University
Building: Education Research Building
Room: CB18
17 Chome Minami 2 Jonishi, Chuo Ward, Sapporo, Hokkaido 060-0062, Japan



General Information

Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program. All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.

IBRA International Bone Research Association

IBRA is a financially independent, internationally oriented non-profit organization for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland, on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

Notes

Notes

IBRA International Bone Research Association

IBRA – a unique international network in research and continuing education

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as new scientific developments.

Core activities

- Global grid of IBRA Training Centers
- Courses, workshops and webinars
- International scholarship program
- Research grants

IBRA Membership – Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

IBRA Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking (Members and Training Centers)
- Regular updates on events
- Access to our database of materials and recorded webinars
- Free of charge

IBRA Full Membership

Shaping our organization in various functions

All Basic Membership benefits plus:

- Prioritized access to IBRA research grants and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA (e.g. speaker, course chair, Training Center)

www.ibra.net/membership

Headquarters

IBRA
International Bone Research Association
Hochbergerstrasse 60E
CH-4057 Basel
Phone +41 61 319 05 05
Fax +41 61 319 05 19
info@ibra.net
www.ibra.net

Administration Office

IBRA
International Bone Research Association
North America, Inc.
224 Valley Creek Boulevard, Suite 100
Exton, PA 19341
info@ibra.net
www.ibra.net