



IBRA International Bone
Research Association

Program



IBRA Advanced / Fellow Course

From the Fingertip to the Wrist – Internal Fixation of the Hand

**May 15 – 16, 2020
Poznań, Poland**



Chairman:
Dr. Mariusz Bonczar, Kraków, Poland

Foreword

Szanowni Państwo,

wszelkie uszkodzenia ręki i nadgarstka, stawiają przed operatorami wyzwania natury zarówno medycznej jak i technicznej. Rozwój nowoczesnych technologii i materiałów w tej dziedzinie jest ogromny. Zmieniają się metody postępowania i materiały osteosyntetyczne, a także koncepcje leczenia uzupełniającego. A wszystko to razem stanowi o efekcie końcowym, czyli o pooperacyjnej funkcjonalności ręki pacjenta.

Aby ułatwić państwu wybór i zastosowanie najlepszych metod i materiałów wykorzystywanych w chirurgii ręki, chcemy zorganizować specjalny kurs, na którym grupa doświadczonych referentów omówi aktualne procedury w zaopatrzeniu fraktur ręki i nadgarstka. Po części teoretycznej, przyjdzie kolej na praktyczne ćwiczenia na naturalnych preparatach anatomicznych, w których towarzyszyć nam będzie grupa znakomitych instruktorów.

Nasze kursy, które organizujemy na całym świecie cieszą się wielką popularnością i uznaniem wszystkich uczestników. Po raz kolejny organizujemy taki kurs w Polsce, w Poznaniu. Mamy nadzieję na zainteresowanie i liczny udział Państwa - polskich specjalistów z zakresu chirurgii ręki w tym kursie. Liczymy na owocną i miłą współpracę.

Serdecznie zapraszamy!



Dr. Mariusz Bonczar

Faculty and Instructors

Chairman

Dr. Mariusz Bonczar, Kraków, PL

Organization

IBRA - International Bone Research Association, Basel, Switzerland

Information

IBRA Administration Office

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info@ibra.net, Website: www.ibra.net

Faculty

(in alphabetical order)

Dr. Mariusz Bonczar, Kraków, PL, mariuszbonczar@gmail.com

Dr. Filip Dąbrowski, Gdańsk, PL, dabrowskif@gmail.com

Prim. Dr. Wolfgang Hintringer, Vienna, AT, w@hintringer.at

Dr. Radek Kebrle, Vysoké nad Jizerou, CZ, radek.kebrle@seznam.cz

Dr. Wojciech Satora, Myślenice, PL, satorawojciech@gmail.com

Prof. Andrzej Żyluk, Szczecin, PL, sekr.chirido@spsk1.szn.pl

Table Instructors

(in alphabetical order)

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Dr. Wojciech Satora, Myślenice, PL, satorawojciech@gmail.com

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Prof. Andrzej Żyluk, Szczecin, PL, sekr.chirido@spsk1.szn.pl

Friday – May 15, 2020

Location City Park Hotel Wyspiańskiego 26A, 60-751 Poznań Meeting Room: Sala Parkowa		
8:00 – 8:45	Registration	
8:45 – 9:00	Welcome	<i>M. Bonczar</i>
9:00 – 10:30	Session I: Phalanges and Metacarpus (90 min)	
9:00 – 9:15	Intra-articular and extra-articular phalangeal fractures	<i>W. Hintringer</i>
9:15 – 9:30	Metacarpal fractures	<i>W. Satora</i>
9:30 – 9:45	Corrective procedures	<i>A. Żyłuk</i>
9:45 – 10:30	Case discussions	
10:30 – 10:45	Break	

Friday – May 15, 2020

10:45 – 12:15	Session II: Carpus (90 min)	
10:45 – 11:00	Acute scaphoid fractures	<i>M. Bonczar</i>
11:00 – 11:15	Scaphoid non-union	<i>R. Kebrle</i>
11:15 – 11:30	Salvage procedures – Proximal row carpectomy and four corner fusion	<i>W. Hintringer</i>
11:30 – 12:15	Case discussions	
12:15 – 13:15	Lunch	

Friday – May 15, 2020

13:15 – 15:15	Session III: Distal Radius & Ulna – Part 1 (120 min)	
13:15 – 13:30	CT-based concept of radius fracture treatment	<i>W. Hintringer</i>
13:30 – 13:45	Fracture-specific plate selection	<i>W. Hintringer</i>
13:45 – 14:00	Troublesome lunate facet – what can we do better?	<i>A. Żyluk</i>
14:00 – 14:15	Associated ulna fractures	<i>F. Dąbrowski</i>
14:15 – 15:15	Case discussions	
15:15 – 15:30	Break	

Friday – May 15, 2020

15:30 – 17:15	Session IV: Distal Radius & Ulna – Part 2 (105 min)	
15:30 – 15:45	Corrective procedures for distal radius – Indications and options for treatment	<i>R. Kebrle</i>
15:45 – 16:00	Salvage procedures around the DRUJ	<i>M. Bonczar</i>
16:00 – 16:15	Salvage procedures – Radiocarpal and total wrist fusion	<i>W. Satora</i>
16:15 – 16:30	Ulna shortening	<i>W. Hintringer</i>
16:30 – 17:15	Case discussions	

19:30 **Social Dinner**
 Restauracja Cucina
 Wyspiańskiego 26A, 60-751 Poznań
 Phone: +48 602 668 800, www.cucina88.pl

19:00 Departure to the restaurant
 22:45 Departure to the City Park Hotel

Saturday – May 16, 2020

8:30	Transportation from the City Park Hotel to the Poznań Lab Institute	
9:00 – 15:45	LABS (360 min)	
9:00 – 9:15	Product Introduction	<i>Medartis</i>
9:15 – 10:00	Lab 1: Scaphoid fracture – volar screwing	<i>R. Kebrle</i>
10:00 – 10:45	Lab 2: Scaphoid fracture – dorsal screwing	<i>R. Kebrle</i>
10:45 – 11:30	Lab 3: Scaphoid plating	<i>M. Bonczar</i>
11:30 – 12:15	Lab 4: 4 corner fusion	<i>W. Satora</i>
12:15 – 13:00	Lunch	
13:00 – 13:30	Lab 5: Distal radius – distal rim fragment (Hook plate)	<i>W. Hintringer</i>
13.30 – 14.15	Lab 6: Distal radius fracture (FPL plate)	<i>A. Żyluk</i>
14.15 – 15.00	Lab 7: Distal radius fracture (Dorsal plate)	<i>M. Bonczar</i>
15.00 – 15.45	Lab 8: Ulna shortening (Ulna plate)	<i>W. Hintringer</i>
15:45 – 16.00	Wrap up and conclusions	
		<i>M. Bonczar W. Hintringer</i>

General Information

Chairman

Dr. Mariusz Bonczar, Kraków, Poland

Organized by

IBRA - International Bone Research Association, Basel, Switzerland

Registration & Information

IBRA Administration Office

Hochbergerstrasse 60E, CH-4057 Basel

Phone: +41 (0) 61 319 05 05, Fax: +41 (0) 61 319 05 19

info@ibra.net, Website: www.ibra.net

Registration Fees incl. Tax

IBRA Full Member	EUR 320
Non- / Basic Member (IBRA)	EUR 640
Seminar only	EUR 120

Registration Fee includes

May 14: Seminar, Lunch and Coffee Breaks at the City Park Hotel

May 15: Workshop, Lunch and Coffee Breaks at the Poznań Lab

Registration for Workshop only: not possible!

Group Dinner Event: not included

Group Dinner Event

Costs: EUR 25 per person

Registration Deadline: April 30, 2020

Registrations to the Seminar and the Anatomy Workshop are differently limited and are available on a first-come, first-served basis.

General Information

Educational hours

Theoretical Part on Friday, May 14 - 405 min

Practical Part on Saturday, May 15 - 360 min

Total: 12,5h

Target audience

Recommended for fellows and attending physicians/consultants.

Main specialty of the event

Starting with the classification of the injury or deformity, the faculty members share their preferred approach, treatment, and follow-up of cases with advanced difficulty.

Expected total number of participants

30

Educational needs

Dealing with challenging fractures and deformities, consultants request exchange through case discussions both theoretically and through surgeries. Beside state-of-the-art approaches, expert opinions and discussions are highly appreciated to scientifically elaborate improvements when dealing with difficult cases.

Expected educational outcomes

Extend common knowledge and skills and awareness of surgical techniques by exchanging less frequent or demanding cases of orthopedics and traumatology.

General Information

Nature of the event

The course offers ideal conditions for the introduction and consolidation of surgery techniques. Participants learn about current treatment concepts as well as new techniques on internal fixation. On the first day, experienced surgeons provide a theoretical insight into therapy concepts and will focus on clinical anatomy, fracture classification, approaches and last but not least, many case discussions. The workshop on day two permits the attendees to apply the gained skills on fresh specimens under directed instruction.

Methods to promote active learning

Multimedia presentations; time for question & answer sessions and discussion; cadaver workshop with helpful hints shown by faculty members.

International audience

Yes

Main language of the event

The official language is English.

General Information

Venues

City Park Hotel & Residence
ul. Wyspiańskiego 26a
60-751 Poznań
Phone: + 48 61 22 18 400
Fax: +48 61 22 18 402
kontakt@cityparkhotel.pl
<http://cityparkhotel.pl/>

POZNAŃ LAB
Instytut Medycyny Praktycznej Sp. z o.o.
ul. Leśna 42a
62-081 Przeźmierowo k/Poznania
Phone/Fax: +48 61 811 22 88
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Accommodation

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For any accommodation request, please contact dorota.kotarska@ibra.net

Social Dinner

Restauracja Cucina
Wyspiańskiego 26A
60-751 Poznań
Phone: +48 602 668 800
www.cucina88.pl

Costs: EUR 25 per person

Time: 19.30 h

General Information

Methods of Payment

Bank Transfer (EUR)

Account no.

IBAN no.

Clearing no.

SWIFT

Bank J. Safra Sarasin AG, CH-4002 Basel

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Refund Policy

All refunds must be requested in writing to the IBRA Administration Office.

If written notification is received 3 weeks prior to the event, a full refund less a EUR 40 processing fee will be given. If written notification is received 10 days prior to the event, a refund of 50% of the registration fee will be given.

For later notifications there will be no refunds. Refunds will not be given for non-attendance.

General Information

Patronage of:

Polish Society of Surgery for the Hand (PTChR)



Sponsoring

We thank our major industry partners Medartis and Siemens for contributing in-kind support (material and logistics) without which this event would not be possible.

A special thanks to Medartis for providing an unrestricted educational grant for this event.

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Polish Society of Surgery for the Hand (PTChR)

Polskie Towarzystwo Chirurgii Ręki (PTChR) zrzesza lekarzy dla których schorzenia i obrażenia kończyny górnej to pasja, hobby oraz wyzwanie terapeutyczne.

Siedzibą Polskiego Towarzystwa Chirurgii Ręki jest miasto Poznań.

Obecnym Prezesem Polskiego Towarzystwa Chirurgii Ręki jest dr n. med. Mariusz Bonczar z miasta Krakowa.

W Polsce chirurgią ręki zajmują się Ortopedzi, Chirurdzy Ogólni oraz Chirurdzy Plastyczni, ta różnorodność wpływa bardzo korzystnie na rozwój tej dziedziny medycyny.

Wyszkolenie, umiejętności i wiedza z zakresu chirurgii ręki polskich specjalistów odpowiada standardom europejskim i światowym a zabiegi operacyjne wykonywane w wielu ośrodkach są w pełni najnowocześniejszymi osiągnięciami i spełniają wszystkie najwyższe standardy.



IBRA International Bone
Research Association

IBRA is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

General Information

Disclaimer and Waiver

I understand that the material presented in this educational program (the "Program") has been made available under sponsorship of IBRA (International Bone Research Association) for educational purposes only. This material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty that may be of interest to others.

As a condition of my participation in the Program, I hereby (i) waive any claim I may have against IBRA and its officers, directors, employees, sponsor, agents, or against the presenters or speakers, for reliance on any information presented in the Program; and (ii) release IBRA, its officers, directors, employees, sponsors and agents, as well as the presenters and speakers, from and against any and all liability for damage or injury that may arise from my participation or attendance at the Program.

I further understand and agree that no reproduction of any kind, including photographs, audiotapes and videotapes, may be made of the Program. All property rights in the material presented, including common law copyright, are expressly reserved to the presenter or speaker or to the IBRA.

IBRA is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available. Costs incurred by the registrant, such as airline or hotel fees or penalties, are the responsibility of the registrant.

I hereby certify that I am correctly vaccinated against the current diseases which could be transmitted during the dissection workshops. I also certify that my personal insurance company will take in charge the possible injuries and complications that may occur during the dissection workshops. I relieve the organizers from their responsibility concerning any injury and complication that may occur during the workshops.

By registering for the Program, I consent to the conditions of participation set forth above.

Notes



A large rectangular area for taking notes. The background is a light green color with a subtle pattern of white lines forming a grid, resembling a leaf's vein structure. The grid is composed of horizontal and vertical lines that intersect to form small squares. The overall appearance is clean and organized, suitable for writing or drawing.



IBRA – a unique international network in research and continuing education

Our aim is to promote the exchange of professional knowledge, provide highly specialized medical training and encourage research as well as new scientific developments.

Core activities

- Global grid of IBRA Training Centers
- Courses, workshops and webinars
- International scholarship program
- Research grants

IBRA Membership – Your future is in your hands!

Take advantage of our innovative hands-on training courses and connect with like-minded experts worldwide.

IBRA Basic Membership

The gateway to the IBRA affiliation

- Worldwide networking
(Members and Training Centers)
- Regular updates on events
- Access to our database of materials
and recorded webinars
- Free of charge

IBRA Full Membership

Shaping our organization in various functions

All Basic Membership benefits plus:

- Prioritized access to IBRA research grants
and scholarships
- Considerably reduced course fees (50%)
- Voting rights at the General Assembly
- Development opportunities within IBRA
(e.g. speaker, course chair, Training Center)

www.ibra.net/membership

Headquarters

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